

## Explanation

In this exercise, you'll analyze and process received feedback. The exercise focuses on the emotions the feedback evokes, after which you'll categorize the feedback into strengths, areas for improvement, new information, and surprises. Finally, you'll formulate concrete action points based on this analysis.

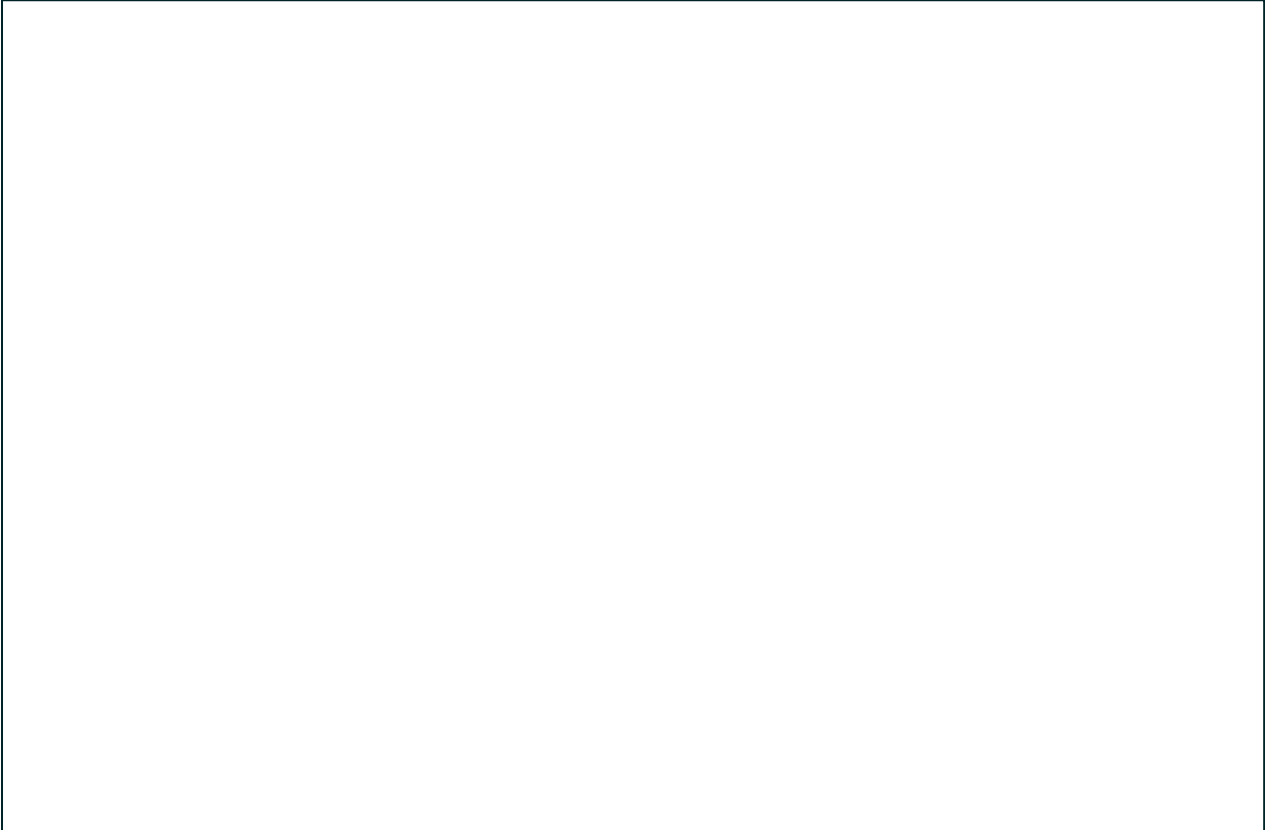
Bring your assignment and the teacher's feedback to the meeting!

You'll work through this exercise using a process map. This shows you how much time you have for each step, and whether it's an individual step or a step with your group.

## In advance

After you've completed your assignment, but before you begin the exercise, it's a good idea to reflect on how the writing went. Answer the following questions below:

- To what extent are you satisfied with your assignment and why?
- What went well about the assignment?
- What did you find difficult and what challenges did you face?
- If you could have talked to an expert while writing, what feedback would you have sought? Try to make your request as specific as possible.



# The exercise

### Step 1: Emotions after feedback

You've read through the feedback you received on the assignment. Receiving and reading feedback can evoke certain emotions. These emotions can make it harder for you to fully understand the feedback and act on it effectively. Therefore, it's helpful to pause and consider this emotion. Answer the following questions:

- What emotion do you feel when you receive the feedback? (Check)



Pride, joy



Doubt, fear,  
uncertainty



Sadness,  
frustration



Irritation,  
anger

- What do you think of the feedback and why?

### Step 2: Discussing emotions

It can be helpful to talk about your emotions with a fellow student. Briefly explain to them what you're feeling and why. Also, listen to what they have to say. Take some time to do this.

### Step 3: Analyze feedback

After you've reflected on the emotions the feedback evoked, it's a good idea to now look at the content of the feedback. You'll analyze this step by step.

Take a good look at your feedback. Group all the feedback you've received into sections/by topic (the rubric sections can be a good way to do this). Then, for each section, determine which feedback points are strengths, new information, areas for improvement, and surprises.

## The exercise (continued)

All feedback provided should be entered into this table. If necessary, create a new column for "Other" if you believe a feedback item doesn't fall under one of the other categories.

Enter that in the table below.

	<b>Strength</b>	<b>New information</b>	<b>Improve point</b>	<b>Surprise</b>
<b>Part of rubric</b>	<i>What did you do well according to the teacher's feedback?</i>	<i>What new knowledge about the assignment did you gain from the feedback?</i>	<i>What could be improved or done differently, according to the teacher's feedback?</i>	<i>What's in the feedback that you didn't expect?</i>

# The exercise (continued)

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### Step 4: Discuss feedback

You've now reflected on the feedback you received. It might be helpful to discuss this with a fellow student.

Consider the following questions:

- Do they have the same feedback?
- Are there things you don't fully understand yet and can you help each other with that?
- Does your fellow student have a strong point that you could improve on and/or that is a surprise to you?
- Do you have any tips for each other based on the feedback?

## After the exercise

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Now that you've reviewed your feedback and addressed it substantively, it's a good idea to create an action plan. What will you do with this feedback? Keep in mind that positive feedback is just as important as negative feedback and is therefore also included in this analysis.

To do this, select the most important feedback points you received. Make sure to select at least 5 points, and write down a specific action/improvement suggestion for each feedback point. Record this below.