

Feedback dialogue

Explanation

In this exercise, you'll analyze and process received teacherfeedback. The exercise focuses on the emotions the feedback evokes, after which you'll categorize the feedback into strengths, areas for improvement, new information, and surprises. Finally, you'll formulate concrete action points based on this analysis.

Keep your assignment and teacher feedback on hand.

In advance

After you've completed your assignment, but before you begin the exercise, it's a good idea to reflect on how the writing went. Answer the following questions below:

- To what extent are you satisfied with your assignment and why?
- What went well about the assignment?
- What did you find difficult and what challenges did you face?
- If you could have talked to an expert while writing, what feedback would you have sought? Try to make your request as specific as possible.

The exercise

Step 1: Emotions after feedback

You've read through the feedback you received on the assignment. Receiving and reading feedback can evoke certain emotions. These emotions can make it harder for you to fully understand the feedback and act on it effectively. Therefore, it's helpful to pause and consider these emotions. Answer the following questions:

- What emotion do you feel when you receive the feedback? (Check)



Pride, joy



Doubt, fear,
uncertainty



Sadness,
frustration



Irritation,
anger

- What do you think of the feedback and why?

Step 2: Expressing emotions

It can be helpful to write down these emotions. Briefly explain below what you're feeling and why. Try to write down that emotion.

It can also be helpful to do something else for 5-10 minutes after writing this and then continue to consider the content of this feedback for further analysis. It can be difficult to let go of this when emotions are high and then focus purely on the content. See what works for you; take your time to let those emotions subside before moving on to step 3.

The exercise (continued)

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Step 3: Analyze feedback

After you've reflected on the emotions the feedback evoked, it's a good idea to now look at the content of the feedback. You'll analyze this step by step.

Review your feedback carefully. Group all feedback you've received into sections/by topic (the rubric sections can be a good way to do this). Then, for each section, determine which feedback points are strengths, new information, areas for improvement, and surprises. Make sure all feedback provided is entered in this table. If you think a piece of feedback doesn't fit into any of the other categories, create a new column for "Other."

Write everything in the table on the next page.

The exercise (continued)

	Strenghts	New information	Improve point	Surprise
Part of rubric	<i>What did you do well according to the teacher's feedback?</i>	<i>What new knowledge about the assignment did you gain from the feedback?</i>	<i>What could be improved or done differently, according to the teacher's feedback?</i>	<i>What's in the feedback that you didn't expect?</i>

After the exercise

After completing the exercise, answer the following questions:

What strengths did you find and why?
Name at least two

What areas for improvement did you
find and why? Name at least two.

What concrete action points and/or improvements are you going to implement?