

Erasmus School of  
Social and  
Behavioural Sciences

# International Bachelor in Psychology

2024-2025

If you want  
to understand  
people

**Erasmus University Rotterdam**  
Making Minds Matter

The Erasmus University logo, featuring the word "Erasmus" in a stylized, cursive script.

# Introducing our study programme

[eur.nl/en/bachelor/international-bachelor-psychology](http://eur.nl/en/bachelor/international-bachelor-psychology)

**D**o you want to understand why humans behave the way they do? Or help organisations solve their problems in a professional way? Are you interested in the ways the brain functions and how education can encourage talent development? If so, this is the programme for you! Through theory and practice, you will learn about a wide range of subjects in psychology, such as cognition, learning, addiction, motivation, normal and abnormal behaviour.

By choosing Rotterdam, you choose for educational methods which are rooted in Problem-Based Learning. You actively participate in student-centered, active learning formats in which students are presented with open-ended, concrete and real-life problems. Various activating and team-based teaching methods will help you analyse those problems and solve psychological issues. Using scientific textbooks, journals, and digital media. Class discussion will strengthen your bond with fellow students and help you succeed in your studies. During practical sessions you will also develop skills useful for your career.

Our programme truly is an international one. You get to mingle with students from all corners of the world, and encounter opportunities to interact with Dutch students and culture, in- and outside of the classroom.

## The first year

Throughout your studies, you will focus on theory and practice simultaneously. The different courses and practicals of the first year will help you discover your interests. You will also work on your indispensable academic skills, such as statistics and academic writing.

## The second and third year

The second year offers courses of other psychological domains to get acquainted with. You will study theory, train psychological skills, hone research skills; all while gaining insight into psychology as a science. In your third year you will take a minor and an elective course or go on an exchange abroad. The last course of the second year and the middle part of the third year depend on your interests in a specialisation. You will conclude your bachelor programme with a thesis.

## Career opportunities

After your bachelor you can continue with a master in the area of your specialisation. Depending on your specialisation you have a broad range of career opportunities. You can work as a trainer, selection and assessment advisor, HR consultant, coach or occupational health professional, but also as a researcher at companies and organisations, such as educational consultancies, school inspection services or research agencies. Furthermore, a master degree in Psychology provides you with a solid basis for a PhD.

## Curriculum

The curriculum is organized in themes, and its courses and practicals are connected along four learning pathways: Academic knowledge, academic skills, vocational skills and personal and professional skills. These learning pathways provide the necessary learning and growth opportunities to become an academically educated psychologist. To give you an impression, here is an overview of the first year:

Bachelor year 1	
Period 1 Discovering People and Society	
Courses	Social Psychology: People in Groups Personality Psychology: Differences Between People
Practicals	Study Skills Assessment (Intelligence & Personality)
Period 2 Measurement is Key	
Courses	Statistics I: An Introduction Biological Psychology: The Human Body
Practicals	Statistical Skills I Neuropsychological Diagnostics
Period 3 (un)Healthy Development	
Courses	Developmental Psychology: The Changing Man Clinical Psychology: Mental Health Challenges
Practicals	Testing Children Communication Skills I
Period 4 The Psychological Lens	
Courses	History and Methods of Psychology Cross-cultural Psychology
Practicals	Academic Writing Skills I

*The curriculum may be subject to change. No rights may be derived from this information.*

'I applied not only because of the opportunity at Erasmus University Rotterdam **to meet people from all around the world**, but also to grow personally'

Nali Basergan - Psychology student





### **Educational approach**

While our students do have lectures to attend, our educational approach emphasizes student-centered education. It means that students play an active role in their own learning processes, through discussions during tutorial group meetings. A small group of students is guided by a tutor during these meetings, creating an atmosphere in which students learn to take charge of the discussion and with it, of their own learning. This method of education stems from the constructivist vision on learning, which states that the best way of learning is to actively construct knowledge, rather than passively consuming it. Our method helps students to develop a critical-thinking attitude and a spirit of open-mindedness, which are crucial for an academically educated psychologist.

### **Erasmus Honours Programme**

Besides the regular programmes, the EUR annually offers two exclusive programmes to talented bachelor students. The Erasmus Honours Programme enables excellent students to encounter fascinating and current themes from other fields of study in the Grand Challenges and Over Grenzen (Dutch) programme. Renowned scholars from several disciplines challenge honours students to look beyond the boundaries of their own field.

### **Studying abroad**

Studying abroad is a unique opportunity to develop yourself and to get to know other cultures. Moreover, you would have the chance to compare different educational and academic cultures. You can take on this opportunity by going on an exchange outside of the Netherlands. In our programme there is time and space for an exchange at the beginning of the third year of the bachelor. Studying at one of our exchange partner universities is a wonderful experience which does not need to be complicated, nor expensive, nor a delay of your studies.

### **Minors**

Each year, Erasmus University Rotterdam offers almost 50 minors taught in English. This includes nearly 40 broadening minors and several deepening minors. The Erasmus University also offers a range of joint, multidisciplinary minors together with TU Delft and Leiden University, which allows you to experience what it is like to study at other universities in the Netherlands.

## Life in the Netherlands and Rotterdam

You might know the Netherlands for its tulips, cheese, and wooden shoes, but there's so much more to tell! The Netherlands has around 17 million inhabitants, but it's a small country. Yet, it has one of the most important and most innovative economies worldwide. Many internationals say the Netherlands is a well-organised country with open-minded people. Most of the country's 35,000 kilometres of bicycle paths are in the province of South Holland, where Rotterdam is located. And nice to know: In the Netherlands you don't have to speak Dutch... most people will switch to English for you.



## Why study in the Netherlands?

Dutch education is known for its high quality and standards, and top-ranking positions. Degrees obtained in the Netherlands are internationally recognised. The Netherlands is also one of the top providers of English-taught courses. Our international classroom - a mix of international and Dutch students - is common across the university. In class, the atmosphere is usually informal, and it is pretty easy to speak to our professors directly. The Netherlands is known as easygoing, liberal and tolerant - ideal for students. Studies in the Netherlands are affordable and accessible, for European and non-European students.

## Studying in Rotterdam

Rotterdam, also nicknamed "World Port City" or the "Gateway to Europe", is a cosmopolitan city and hosts many multi-national organisations. You might get to know your future employer during your studies, for example by doing an internship.

Rotterdam's slogan is 'Make it happen'. Erasmus University is proud to be part of this city where people develop new and creative ideas every day.



Deadline for application:  
January

15

International  
and diverse  
context

Small  
groups

8

possible English  
master tracks

Numerus  
Fixus

50

nationalities of  
students in 2021

Start in  
september

Wide range  
of psychology  
subjects

## Chat with us!

Are you a prospective student and would you like to get in touch with us? Have a chat with one of our current students and/or our staff, via [eur.nl/en/essb/bachelor/international-bachelor-psychology/chat-our-students-and-staff](https://eur.nl/en/essb/bachelor/international-bachelor-psychology/chat-our-students-and-staff)

Active 11 hours ago



Yasmim

International Bachelor in Psychology BSc

[Chat with Yasmim](#)

I COME FROM

Campinas, State of São Paulo, Brazil

PREVIOUS QUALIFICATION

International Baccalaureate Diploma (IB Diploma)

ABOUT ME

Hey!! I'm Yasmim, a second-year psychology student at Erasmus Universi...

[See more](#)

## Contact

M: [bachelor@essb.eur.nl](mailto:bachelor@essb.eur.nl)

W: [eur.nl/en/bachelor/international-bachelor-psychology](https://eur.nl/en/bachelor/international-bachelor-psychology)  
and [eur.nl/en/essb/contact](https://eur.nl/en/essb/contact)

## Curious about studying at EUR?

Go to [eur.nl/en/essb](https://eur.nl/en/essb) and check out our (online) activities, such as the Bachelor Open Day or Student for a Day!

