#### Life in the Netherlands and Rotterdam

You might know the Netherlands for its tulips, cheese, and wooden shoes, but there's so much more to tell! The Netherlands has around 17 million inhabitants, but it's a small country. Yet, it has one of the most important and most innovative economies worldwide. Many internationals say the Netherlands is a well-organised country with openminded people. Most of the country's 35,000 kilometres of bicycle paths are in the province of South Holland, where Rotterdam is located.







# Social and



Khanh (Kris) International Bachelor in Psychology BSc

I COME FROM Ho Chi Minh, Vietnam PREVIOUS OUALIFICATION High School Diploma

ABOUT ME Hi there, welcome to EUR. As an international student. I understand th...

## Contact

M: bachelor@essb.eur.nl W: eur.nl/en/bachelor/internationalbachelor-psychology and eur.nl/en/essb/contact

#### **Curious about studying at EUR?**

Go to eur.nl/en/essb and check out our (online) activities, such as the Bachelor Open Day or Student for a Day!

### is also one of the top providers of English-

taught courses. Our international classroom a mix of international and Dutch students - is common across the university. In class, the atmosphere is usually informal, and it is pretty easy to speak to our professors directly. The Netherlands is known as easygoing, liberal and tolerant - ideal for students. Studies in the Netherlands are affordable and accessible, for European and non-European students.

Why study in the Netherlands?

Dutch education is known for its high quality and standards, and top-ranking positions.

internationally recognised. The Netherlands

Degrees obtained in the Netherlands are

## Studying in Rotterdam Rotterdam, also nicknamed "World Port

City" or the "Gateway to Europe", is a cosmopolitan city and hosts many multinational organisations. You might get to know your future employer during your studies, for example by doing an internship.

Rotterdam's slogan is 'Make it happen'. Erasmus University is proud to be part of this city where people develop new and creative ideas every day.



Chat with us!

our-students-and-staff

Are you a prospective student and would

you like to get in touch with us? Have a

chat with one of our current students and/

or our staff, via eur.nl/en/essb/bachelor/

international-bachelor-psychology/chat-

**Erasmus School of Behavioural Sciences** 

## **International Bachelor** in Psychology 2025-2026

you want to understand people

Erasmus University Rotterdam Making Minds Matter

zafing

# Introducing our study programme

eur.nl/en/bachelor/international-bachelor-psychology

o you want to understand why humans behave the way they do? Or help organisations solve their problems in a professional way? Are you interested in the ways the brain functions and how education can encourage talent development? If so, this is the programme for you! Through theory and practice, you will learn about a wide range of subjects in psychology, such as perception and cognition, human learning, motivation, performance, addiction and mental health challenges

By choosing Rotterdam, you choose for educational methods that are student-centered, activating and development oriented. You will be presented with concrete and often complex real-life problems. Various activating and teambased teaching methods will help you analyse those problems and solve psychological issues based on information from scientific textbooks. journal articles, and digital media. Class discussions will strengthen your bond with fellow students and help you succeed in your studies. During practical sessions you will also develop skills useful for your career.

Our programme truly is an international one. You get to mingle with students from all corners of the world, and encounter opportunities to interact with Dutch students and culture, inand outside of the classroom

#### The first year

Throughout your studies, you will focus on theory and practice simultaneously. The different courses and practicals of the first year will help you discover your interests. You will also work on your indispensable academic skills, such as statistics and academic writing.

#### The second and third year

The second year offers courses of other psychological domains to get acquainted with. You will study theory, train psychological skills, hone research skills; all while gaining insight into psychology as a science. In your third year you will take a minor and an elective course or go on an exchange abroad. The last course of the second year and the middle part of the third year depend on your interests in a specialisation. You will conclude your bachelor programme with a thesis.

### **Career opportunities**

After your bachelor you can continue with a master in the area of your specialisation. Depending on your specialisation you have a broad range of career opportunities. You can work as a trainer, selection and assessment advisor, HR consultant, coach or occupational health professional, but also as a researcher at companies and organisations, such as educational consultancies, school inspection services or research agencies. Furthermore, a master degree in Psychology provides you with a solid basis for a PhD.

#### Curriculum

The curriculum is organized in themes, and its courses and practicals are connected along four learning pathways: Academic knowlegde, academikc skills, vocational skills and personal an dprofessional skills. These learning pathways provide the necessary learning and growht opportunities to become and academically educated psychologist. To give you an impression, here is an overview of the first year:

## Bachelor year 1

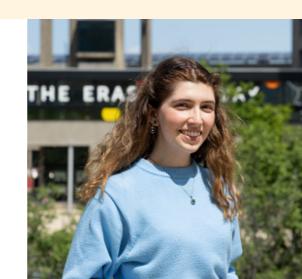
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Courses	Social Psychology: People in Groups Personality Psychology: Differences Between People
Practicals	Personal and Professional skills Psychodiagnostics I (Personality)
Period 2 Measurement is Key	
Courses	Methods and Statistics I Biological Psychology: The Human Body
Practicals	Psychodiagnostics I (neuropsychology)
Period 3 (un)Healthy Development	
Courses	Child and adolescent development Psychopathology Part 1
Practicals	Psychodiagnostics I (Testing Children) Communication Skills I
Period 4 The Psychological Lense	
Courses	History and Methods of Psychology Cross-cultural Psychology
Practicals	Academic Writing Skills I

The curriculum may be subject to change. No rights may be derived from this information.



'In psychology the most worthwhile thing is to help and care for others, and our courses are the perfect foundation for that.

Ioanna Antoniou - Psychology student



#### **Educational approach**

While our students do have lectures to attend, our educational approach emphasizes studentcentered education. It means that students play an active role in their own learning processes, through discussions during tutorial group meetings. Students are guided by a tutor during these meetings, creating an atmosphere in which students learn to take charge of the discussion and with it, of their own learning. This method of education stems from the constructivist vision on learning, which states that the best way of learning is to actively construct knowledge, rather than passively consuming it. Our method helps students to develop a critical-thinking attitude and a spirit of open-mindedness, which are crucial for an academically educated psychologist.

#### Studying abroad

Studying abroad is a unique opportunity to develop yourself and to get to know other cultures. Moreover, you would have the chance to compare different educational and academic cultures. You can take on this opportunity by going on an exchange outside of the Netherlands. In our programme there is time and space for an exchange at the beginning of the third year of the bachelor. Studying at one of our exchange partner universities is a wonderful experience which does not need to be complicated, nor expensive, nor a delay of your studies.

#### **Erasmus Honours Programme**

Besides the regular programmes, two exclusive programmes are offered to talented bachelor students each year. First is the Erasmus Honours Programme, which enables excellent students to encounter fascinating and current themes from other fields of study in the Grand Challenges programme. Renowned scholars from several disciplines challenge honours students to look beyond the boundaries of their own field. Second, ESSB also has their own honours class which enables 75 excellent students to amongst others gain experience with conducting research under supervision of ESSB faculty members.

#### Minors

Each year, Erasmus University Rotterdam offers almost 50 minors taught in English. This includes nearly 40 broadening minors and several deepening minors. The Erasmus University also offers a range of joint, multidisciplinary minors together with TU Delft and Leiden University, which allows you to experience what it is like to study at other universities in the Netherlands.