

**Erasmus
University
Rotterdam**

Erasmus

Scholarships & grants

Erasmus Goes Abroad Week – 2026

Hosted by: Scholarships team – International Office

scholarships@eur.nl

Erasmus University Rotterdam



Visit the **Erasmus Goes Abroad Fair**

to meet faculty representatives,
helpful organisations, and join the
scholarship lottery for a chance to
win €500, €1,000 or €1,500.

8 October | 14 - 17 | Theil Building

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What we will be covering today

Questions after a presentation? Please speak to one of our colleagues outside the lecture hall.

16:00-16:15
Preparing for going
abroad & Making a
budget plan

16:15 – 16:30
[A.A. van Beekfonds](#)

16:30 – 16:50
[Erasmus+ Grant](#)

16:50 – 17:05
[Dutch2USA grant](#)

17:05
[NL Scholarship &
Particuliere Fondsen](#)
(NL students only)
& Questions



Preparing for going abroad & making a budget plan

Is studying abroad expensive?

- Depends on country and university of your choice.
- What do you want to get out of your exchange experience?



Budget plan study exchange – an example

Monthly income		Monthly expenses	
Category	€ per month	Category	€ per month
Study financing DUO		Study materials and books	
OV-compensation DUO		General living costs	
Subletting room in the Netherlands		Housing in host country	
Additional grant(s)		Activities and excursions	
Contribution parents or family		Transport in host country	
Savings		Clothes and toiletries	
Loan(s)		Insurance (health, travel, etc.)	
Health insurance subsidy		Phone and Internet	
Rent subsidy		Rent in the Netherlands	
		Unexpected expenses*	€ 0.00
total income per month	€ 0.00	total expense per month	€ 0.00

One-time expenses	
Category	amount in €
Visa / Residence permit	
Return flights	
Vaccinations	
Language test for admission	
Registration costs partner university	
total one-time expenses	€ 0.00

Number of months abroad	
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Budget Gap	€ 0.00
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*Is calculated as 10% of housing, living and study material cost

Budget your stay abroad

1. Read student reports
2. Make an overview of the categories **you** expect you will be spending money on ('musts': rental, groceries, etc) and the categories you want to spend money on (social activities, travelling). Tip: [Example of budget plan](#)
3. Check the overviews of costs per country via [Wise](#), [Numbeo](#) or [VSBfonds](#)
4. Start filling your budget plan



Budget plan exchange – an example (EU)

Monthly income		Monthly expenses	
Category	€ per month	Category	€ per month
Study financing DUO	344,90	Study materials and books	50
OV-compensation DUO	110,95	General living costs	200
Subletting room in the Netherlands	550	Housing in host country	650
Additional grant(s)		Activities and excursions	200
Contribution parents or family	100	Transport in host country	50
Savings	200	Clothes and toiletries	50
Loan(s)		Insurance (health, travel, etc.)	20
Health insurance subsidy	129	Phone and Internet	20
Rent subsidy		Rent in the Netherlands	550
		Unexpected expenses*	90
total income per month	€ 1434.85	total expense per month	€ 1880

One-time expenses	
Category	amount in €
Visa / Residence permit	
Return flights	350
Vaccinations	
Language test for admission	
Registration costs partner university	
total one-time expenses	€ 350

Number of months abroad	3
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Budget Gap	€1685,45
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*Is calculated as 10% of housing, living and study material cost

Budget plan exchange – an example (non-EU)

Monthly income		Monthly expenses	
Category	€ per month	Category	€ per month
Study financing DUO	344,90	Study materials and books	50
OV-compensation DUO	110,95	General living costs	150
Subletting room in the Netherlands	450	Housing in host country	600
Additional grant(s)		Activities and excursions	200
Contribution parents or family	50	Transport in host country	50
Savings	250	Clothes and toiletries	50
Loan(s)		Insurance (health, travel, etc.)	20
Health insurance subsidy	129	Phone and Internet	40
Rent subsidy		Rent in the Netherlands	450
		Unexpected expenses*	75
total income per month	€ 1334.85	total expense per month	€ 1685

One-time expenses	
Category	amount in €
Visa / Residence permit	93,45
Return flights	1000
Vaccinations	
Language test for admission	
Registration costs partner university	
total one-time expenses	€ 1093,45

Number of months abroad	4
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Budget Gap	€2494,05
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*Is calculated as 10% of housing, living and study material cost



**What scholarships
can you apply for?**



About the A.A. van Beek Fonds

- 1923 established
- Legacy Antonius Albertus van Beek (1876-1923)
- 250.000 Dutch guilder
- Tobacco trader

Aim: "To provide gifted students with the opportunity to complement their studies with practical experience abroad"



A.A. van Beek Fonds today

- Named fund within the Erasmus Trustfonds
- Endowment of approx. €5 million
- Disbursement of returns on investment
- Main aim to stimulate EUR students to gain international experience



**Stichting
Erasmus
Trustfonds**



Activities

- Grants for students who wish to go on exchange:
 - Appr. 40 scholarships per year
 - Grants ranging from €550 - €1,375
- Grants for specific projects:
 - Expedition van Beek – Master Honours Program
 - Prizes to encourage students to go on exchange
 - UNIC experience, City Labs, Summer Schools



**Stichting
Erasmus
Trustfonds**



“

Exchange Semester
University of St. Gallen
Switzerland

Fall 2020

*This exchange
has been one
of the best
decisions that
I've ever made
in my life.*

MIHAI ATIMUT
RSM Student
at Erasmus University Rotterdam

”

Eligibility exchange grants

Candidates are fulltime students at Erasmus University Rotterdam who:

- go on exchange / internship, as part of their study curriculum;
- earn at least 15 ECTS which are necessary to obtain their degree;
- have not previously received support from the A.A. van Beek Fonds;
- qualify for the 'supplementary grant' (the so called *aanvullende beurs*) from DUO (part of the Dutch ministry of education);
- preferably go on exchange for the first time;
- preferably go on exchange outside of Europe.

Application procedure

- Check whether you meet the requirements:
 - Aanvraag beurs internationale uitwisseling - Erasmus Trustfonds
- Submit your application via the Erasmus Trustfonds application portal
- Submit before deadline 2026/2027:
 - 26 October 2026
 - 3 May 2027
 - 21 June 2027
 - 25 October 2027



www.aavanbeekfonds.nl

 @aavanbeek

A photograph of four young adults (three women and one man) smiling and posing together outdoors. In the background, a traditional Dutch windmill is visible. The image is partially covered by a teal graphic element on the left and bottom.

Erasmus+ Grant within EU/EEA countries

Host: Lian Swinkels



Erasmus+ Grant

- Erasmus+ programme by European Commission
- Encouraging international experience within Europe
- Aim = to supplement extra expenses you will be making
- “Unlimited” amount of Erasmus+ grants.
However: maximum grant amount can be lower than in previous years
- Yearly process: grants for 2027-2028 will be announced by the end of semester 2



Types and requirements

Application process starts at faculty
Hand in all the required documentation by set deadlines

Study exchange

- Minimum duration of 2 months
- Minimum 2 courses
- No grant for returning to country of origin

Internships

- Part of your study programme at EUR
- Minimum duration of 2 months
- No grant for returning to country of origin
- Maximum internship compensation or salary of 1000 euro per month



On exchange to the UK in 2027-2028?

Erasmus+ funding will be available for **a number of** UK universities in 2027-2028.

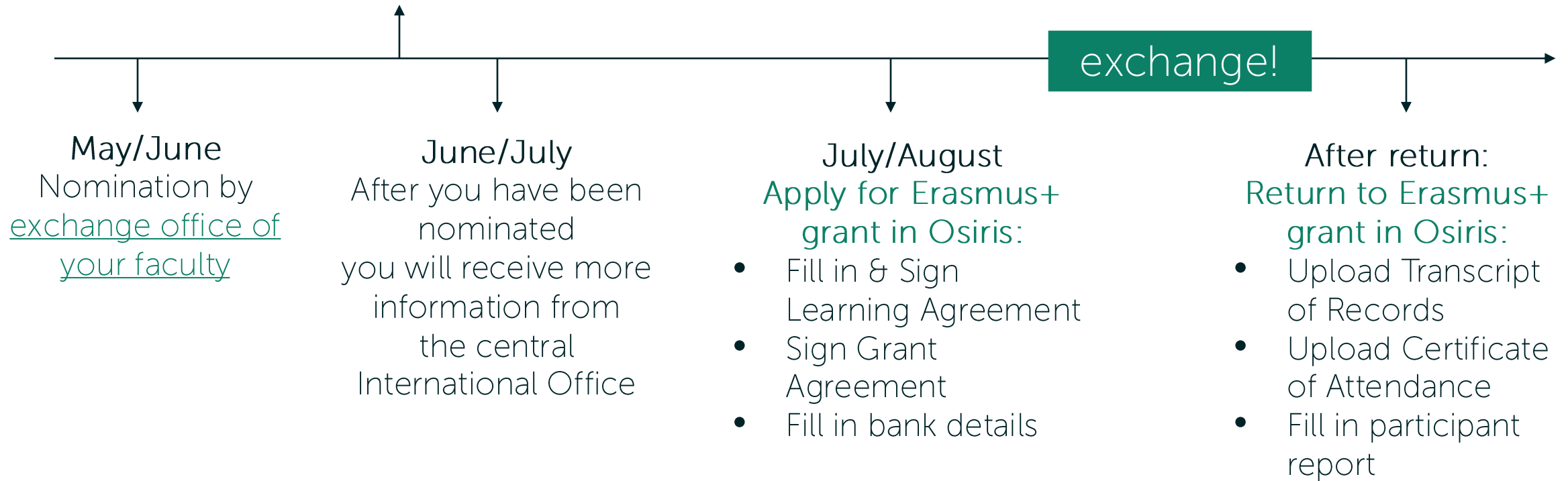
NOTE: Not all UK partners will be part of Erasmus+ → Please check with your faculty beforehand.

What to do in the upcoming months, if you're interested in going to the UK:

1. Check your faculty's offer for UK exchange destinations
2. If not specified, request whether your faculty can send Erasmus+ students to this university.
 - If yes: you will be nominated for the Erasmus+ grant
 - If not: please look at other types of funding options (A.A. van Beek, NL Scholarship)

Erasmus+ application process

You can follow a free online language course in the local language of your host country on [EU Academy](#)



Erasmus+ Grant & Payment

Grant amount per 30 days (2026-2027)*		Study exchange	Internships
1	Austria, Belgium, Denmark, Finland, France, Germany, Iceland, Ireland, Italy, Liechtenstein, Luxembourg, Norway, Sweden	€390	€540
2	Cyprus, Czech Republic, Estonia, Greece, Latvia, Malta, Portugal, Slovakia, Slovenia, Spain, Bulgaria, Croatia, Hungary, Lithuania, North Macedonia, Poland, Romania, Serbia, Turkey	€330	€480

**grant amounts and maximum grant amount can be subject to change in 2027-2028.*

- In addition, students receive a travel amount based on the distance to exchange destination.
- 75% prior to departure
- 25% after return (and after submitting required documents)

Erasmus+ Travel Grant

Travel distances	Standard travel - Amount	Green travel - Amount
Between 0 and 99 KM	28 EUR per student	56 EUR per student
Between 100 and 499 KM	211 EUR per student	285 EUR per student
Between 500 and 1999 KM	309 EUR per student	417 EUR per student
Between 2000 and 2999 KM	395 EUR per student	535 EUR per student
Between 3000 and 3999 KM	580 EUR per student	785 EUR per student

Green Travel top-up

- › If you decide to choose a 'Green' travel method (such as the train), you can receive a higher travel grant
- › Visit our website on [sustainable travel](#)
- › For more tips on Traveling Green, check the [7 Tips from Erasmus+](#)
- › More information on our [Erasmus+ website under "Additional financial support"](#)



Inclusion top-up

250 euros per 30 days (based on total amount of days)

Financial Need	Disability or Special Needs
• Upload a statement from DUO testifying you receive the additional stipend ('Aanvullende beurs') from DUO. • Tick the box for the inclusion top up in your grant application.	• Send in a request for the top-up to the <i>Studying with an impairment (SMF) team</i> • Deadline: 4 weeks before your departure • After approval: tick the box for the inclusion top up in your grant application.

- For more information on the procedure: [Inclusion & Accessibility Support | Erasmus University Rotterdam Students | Erasmus University Rotterdam](#)

Additional Inclusion Support

- › If you have a disability and/or special needs and you are eligible for an Erasmus+ grant for studies or internships grant, the EUR can apply for **additional financial support** from the Erasmus+ programme on your behalf.
- › For **extra costs due to your special needs** (such as buying specific equipment, paying a caretaker or using a special taxi service) that are not covered by your health or travel insurance.
- › The deadline for application is **3 months** before the start date of your exchange.
- › Contact the '[studying with an impairment](#)' team (SMF) for more information and check [this website on exclusive mobility](#).

International Mobility (IM) Grant

Besides the normal Erasmus+ grant, we also offer the IM grant for the following destinations:

- › Australia - Western Sydney University;
- › Canada - University of Calgary;
- › Japan - Keio University;
- › Korea - Korea University

Amount: approximately 2500 – 3000 euro in total.

Requirements:

- › ~2 grants per destination.
- › Only for students going on exchange in the first semester of 2027-2028
- › You cannot receive this grant in combination with the NL scholarship
- › No grant for returning to country of origin

Application deadline: Mid March 2027



Questions?

About the grant and/or grant application process?

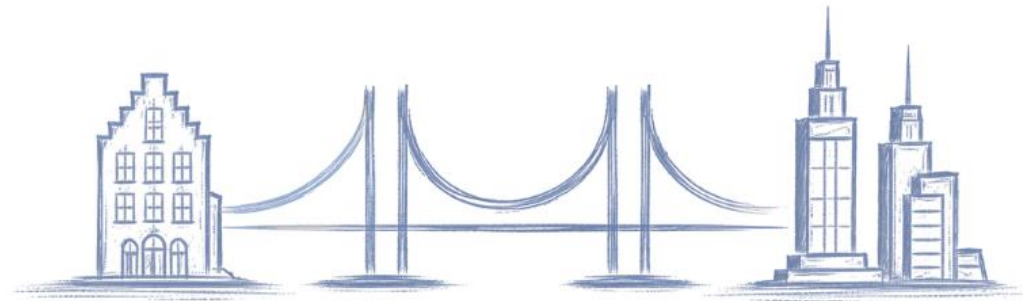
→ Contact our Erasmus+ team at erasmusplus@eur.nl

About specifics of your exchange?

→ Contact your faculty's exchange office



Via our new Instagram [@goingabroad.eur](https://www.instagram.com/goingabroad.eur) we share opportunities to go abroad during or after your studies and highlight stories of EUR students around the world.



DUTCH²USA

— INTERNSHIP PROGRAM —

Kickstart your career with a life-changing
internship in the United States!

**Dutch2USA Internship Program
supports you with a grant and practical guidance.**



What is Dutch2USA?

A kickstart to your career

The Dutch2USA Internship Program helps students and recent graduates from Dutch universities and universities of applied sciences gain valuable professional experience in the United States through a grant and practical guidance.

More than financial support

You find your own internship, and Dutch2USA helps you make it happen with a grant, practical J-1 visa guidance, insurance, and access to a valuable international network.

The program was launched in 2017 by The Netherland-America Foundation (NAF), with financial support from the Golden Fleece Foundation (GFF). GFF founder John Padget believes in the personal and professional value of international internships and wants to make this experience accessible to everyone.



Why intern in the United States?

International experience

The United States is known for its ambition, dynamism, and entrepreneurial culture. Work with people from different cultures and develop a global perspective.

Career acceleration

Gain hands-on experience in an international environment, develop new skills, and strengthen your professional profile for your future career.

Personal growth

Living and working abroad calls for independence, resilience, and adaptability. Step outside your comfort zone and become more confident and flexible.

A powerful network

Build relationships with professionals, alumni, and organizations in the US; connections you can draw on later in your career.

What does the Dutch2USA grant include?

Financial and practical support to make your internship in the US more achievable.

\$1,500

per month

for up to 6 months

\$1,000

travel allowance

for your trip to the US

J-1 visa

fees + guidance

support with the visa
process

Insurance

health insurance

if your visa is arranged
through Dutch2USA

Network

Dutch2USA Alumni

plus 1 year of free NAF
membership

Up to \$12,000 in total support

Are you eligible?

20+

You are at least 20 years old when your internship begins.

University

You are a bachelor's, master's, or PhD student, or a recent graduate.

≤ 1 year

As a graduate, you begin your internship within 1 year of graduating.

DUO

You receive or have received a supplementary student grant.

≥ 7.0

Your average grade is at least 7.0.

English

You have sufficient English proficiency for a professional internship.

Nationality & residence

You are a Dutch national OR you legally reside in the Netherlands with a valid Dutch residence permit AND have completed at least two years of secondary education in the Netherlands (VMBO, HAVO, VWO, or gymnasium).

You find the internship — we help you along the way

1

Explore your options

Decide what kind of internship fits your studies, interests, and future plans.

2

Search strategically

Contact companies, organizations, startups, or universities in your field.

3

Apply for internships

Pitch yourself, network, and keep going. Rejections are part of the process.

4

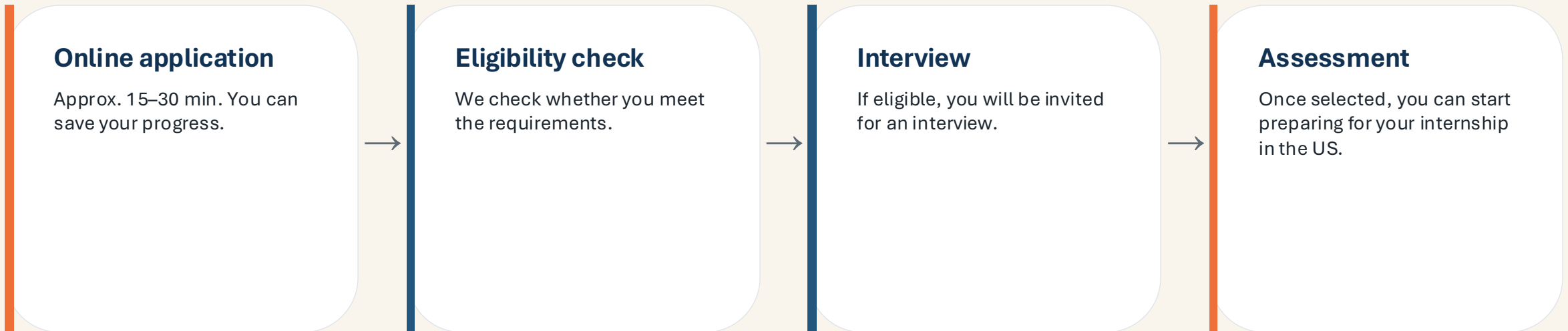
Apply to Dutch2USA

You can apply while you are still looking for an internship.

200+ students have gone before you

Applying: simple and accessible

Visit <https://www.dutch2usa.org/how-to-apply>



You do NOT need to have secured an internship to start your application.

What did I gain from it?

Vrije Universiteit Amsterdam
Dutch Embassy in Washington,
D.C. (Economic department
2024/25)

- 1 (International) professional development
- 2 Personal growth
- 3 Unforgettable experience with new friends



Dutch2USA-intern **Nudrat Tahir**

Internship at RTL Nieuws New York (2025), Journalism - Fontys Hogescholen



So my experience with NAF was amazing.

Former Dutch2USA interns

“This experience has not only strengthened my CV but also given me direction and confidence for my personal and professional development.”



Stefanie Sturm

Columbia University, New York

“The experience has strengthened my ambition and broadened my perspective on working internationally.”



Yael van den Heuvel

Massachusetts General Hospital

“I have gained more confidence in my future career and look to the future with optimism.”



Rafael Nierse

Expedition America

Ready for your internship adventure in America?

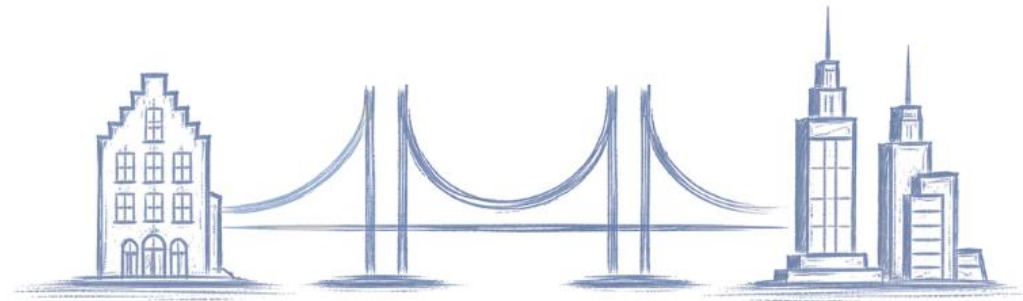


Take the first step today toward international work experience, a stronger CV, and a global network.



Dutch2USA Internship Program · The Netherland-America Foundation

dutch2usa.org/program



DUTCH²USA

— INTERNSHIP PROGRAM —

Short break 😊

After the break we continue
with scholarships for Dutch
nationals

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NL Scholarship



Host: Mirjam de Groot



Over NL Scholarship

De beurs wordt gefinancierd door het ministerie van OCW en universiteit.

- **Doelgroep:** talentvolle Nederlandse Studenten die buiten de EU/EER op uitwisseling of stage gaan en financiële noodzaak.
- **Aantal:** Jaarlijks ca. 70 beurzen beschikbaar voor de EUR
- **Bedrag:** €2.500, hiervan ontvang je 75% vóór vertrek, 25% na terugkomst



NL Scholarship

Voorwaarden

- Nederlandse nationaliteit
- Minimale verblijfsduur 3 maanden en 10 ECTS
- Bestemming buiten EU/EER
- Financiële noodzaak
- Cijfers

Aanmelden

- Osiris
- Documenten:
 - Brief of e-mail van faculteit bestemming exchange
 - CV
 - Motivatiebrief
 - Begroting
- Deadline: 1 april 2027
- [Meer informatie](#)

Uitslag

- Aanmelden 1 april 2027
- Uitslag selectie 1 mei 2027
- Toegekend, reserve of afgewezen

Documenten voor het aanmelden

Begroting Inkomsten

- Spaargeld
- Bijdrage ouders
- Studiefinanciering
- Fondsen/beurzen

Uitgaven

- Kosten van huisvesting
- Reiskosten
- Kosten levensonderhoud

Motivatiefbrief

- Wie ben je?
- Wat ga je doen?
- Waar?
- Waarom?



Andere mogelijkheden

- www.eur.nl/scholarships
- www.wilweg.nl
- Voor vragen zijn wij per e-mail bereikbaar op: scholarships@eur.nl



Particuliere fondsen & studiefinanciering

Host: Mirjam de Groot

Overzicht fondsen

	Fundatie van de Vrijvrouwe van Renswoude	Bekker La Bastide Fonds	Hendrik Muller Fonds	Schuurman Schimmel – van Outeren stichting
Leeftijd	Tot 30 jaar	x	x	Tot 30 jaar
Doelgroep	NL & Surinaams	Verbondenheid met Rotterdam of Amsterdam	NL, Surinaams (master)	x
Voorwaarde	Gemiddeld 7	x	x	x
Financiën	Volledig lenen bij DUO	Volledig lenen bij DUO	Volledig lenen bij DUO	Volledig lenen bij DUO
Minimale duur verblijf	Minimaal 3 maanden	Minimaal 13 weken	Minimaal 4 maanden	Minimaal 5 maanden
Type	Stage / uitwisseling	Stage / uitwisseling	Stage / onderzoek <u>geen</u> uitwisseling	Stage / onderzoek <u>geen</u> uitwisseling

Contact studentendecanen

- › Voor advies en ondersteuning:
www.eur.nl/studentendecanen
- › Afspraak maken:
www.eur.nl/onderwijs/praktische-zaken/begeleiding-advies/studentendecanen/maak-online-je-afspraak
- › Korte vraag per email:
studentendecanen@eur.nl
- › Instructievideo voor particuliere fondsen:
[Informatiesessies | Erasmus University Rotterdam Students | Erasmus Universiteit Rotterdam](#)



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