A handbook for new students

201

2014 edition Welcome to Erasmus University Rotterdam

ERASMUS UNIVERSITEIT ROTTERDAM



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Dear Student,

It is an honour to welcome you to more than 100 years of academic excellence at Erasmus University Rotterdam (EUR). Since its establishment, EUR has been at the centre of educational distinction. Prominent politicians, business leaders and academics have studied here. We cherish our role in society and are proud to continue this tradition of excellence, which we hope to pass on to generations to come.

As a foreign student, you have made one of the most exciting decisions in your life, choosing to study at Erasmus University. We consider it an honour that you have made us a partner in laying the foundation of your career.

In my opinion, international students make a significant contribution to the success story of Erasmus University. Internationalisation is an important part of academic training. Globalisation has changed the way we look at our surroundings and how we deal with people around us. Travelling abroad, spending time in different countries and interacting with people from different backgrounds enriches the lives of both staff and students. International students add a new dimension to our academic community, further enhancing our international reputation.

Erasmus University is firmly rooted in Rotterdam and is strongly linked to the city and region. Rotterdam is Europe's main sea gateway and plays an important role in shipping and handling goods throughout the world. With its 173 different nationalities, Rotterdam has an international flavour. About fifty percent of the people living in this city have parents or grandparents who originally came from abroad. This diversity is also reflected in our student population. We are proud to be part of this dynamic city!

In your endeavour to achieve academic excellence, it is not only important to work and study hard, but also to enjoy your stay in the Netherlands to the fullest. Take the time to experience the Netherlands as it has much to offer and you will be amazed by the variety of this small country and its people.

To help you prepare for this journey, we have compiled relevant information about living and studying in Rotterdam, as well as useful information about the Netherlands. In this handbook, you will find everything: from pre-departure advice to information on orientation programmes at the university. We hope that this handbook will help you prepare your stay and that it will help you find your way around Rotterdam once you have arrived.

I sincerely look forward to welcoming you at Erasmus University. I wish you a successful stay at our university and a wonderful time in Rotterdam and the Netherlands.

Best regards, Prof. Huibert A.P. Pols Rector Magnificus Erasmus University Rotterdam

Pre-departure information

A Students under 18

Chapter

If you are still under 18 when you start studying at Erasmus University Rotterdam, there are a few extra matters you need to take into account.

Visa

 You may have to take a notarised letter and a full birth certificate to the visa application interview, if you need to apply for a visa.

Credit card and opening a bank account

Generally, you are not allowed to apply for a credit card in the Netherlands if you are under 18. If one of your parents has a credit card, ask the bank in your home country if they offer the option of applying for a 'partner credit card'.
 If you are under 18 and wish to open a bank account in the Netherlands, one of your parents must co-sign the agreement.

Medical release form

In the unfortunate event that a student under the age of 18 has a medical emergency, the consent of the parents or legal guardians is required before any medical treatment can be given. Please bring a signed medical release form with you. This form must stipulate that your parents or legal guardians have consented to medical treatment in the case of an emergency, and provide their full contact details.

Immigration procedures

Most international students from outside the EU/EEA who plan to study in the Netherlands for more than 90 days need to apply for an entry visa and/or a Dutch residence permit.

To find out if you need an entry visa and a residence permit, or only a residence permit, check the Nuffic student visa wizard:

www.studyinholland.nl/practical-matters/visas-and-permits/visa-wizard.

If you need an entry visa and/or residence permit, Erasmus University Rotterdam will start the application procedure on your behalf. You will receive detailed information after you have been admitted to the programme of your choice. A number of supporting documents are required for the application:

- Proof of unconditional admission to a study programme at Erasmus University Rotterdam;
- Proof of sufficient financial means;
- A copy of a valid passport;
- Students currently studying in another EU-country: copy of their residence permit or visa;
- Chinese students only: a Nuffic certificate.

Detailed information regarding the immigration procedures for international students can be found on: www.eur.nl/welcome.



C Accommodation

Finding a place to stay in the Netherlands when you are still in your home country can be quite difficult, so we advise you to start your search for accommodation as soon as possible. The list below gives the four main options for finding accommodation in Rotterdam. Before accepting an offer, read the rental conditions of the housing provider carefully, so that you know your rights and obligations!

SSH Short Stay (Stichting Studentenhuisvesting Utrecht, business unit Short Stay)

— Erasmus University Rotterdam has outsourced its temporary housing to SSH. The monthly rent for most rooms is between €500 and €600, including gas, water, electricity, taxes and services, depending on availability and your personal wishes. More information, including photos and videos, about the accommodation specifically reserved for Erasmus University Rotterdam's international students can be found on: www.housing.eur.nl.

You can register yourself as an interested tentant on: www.sshxl.nl.

HousingAnywhere

 HousingAnywhere is another housing partner of Erasmus University Rotterdam. Through HousingAnywhere, international exchange students coming to Rotterdam can rent a furnished room from Dutch exchange students who are temporarily leaving Rotterdam. HousingAnywhere operates entirely on a student-to-student basis, and does not provide mediation. Students who are going on exchange for a few months offer their rooms on this website, and international exchange students can respond directly to the advertisements on: www.housinganywhere.com.

Alternative housing

 Private housing agencies can also assist students with finding accommodation in Rotterdam. A list of these agencies is provided on: www.housing.eur.nl.

You could also keep an eye on Facebook; for instance, check the Facebook page of Erasmus Student Network Rotterdam (ESN-Rotterdam), where current (international) students sometimes offer their rooms for rent. The group is called ESN-Rotterdam Housing.

For new students of Erasmus MC, additional housing information can be found on: www.erasmusmc.nl/internationaloffice.

For new students of Erasmus University College (EUC), you do not need to arrange housing as EUC has arranged housing for the first 10 months of your study at the Student Hotel. Each EUC student will have their own room with a bathroom, and will share the kitchen area with 4 other students. Additional housing information can be found on: www.eur.nl/euc/student_life/housing/.

Hostels in Rotterdam

If, for any reason, you cannot move into your accommodation when you first arrive in Rotterdam, or if you haven't arranged any accommodation in advance, you can easily book a room in a hostel. We would recommend either Stayokay (www.stayokay.com) or ROOM (www.roomrotterdam.nl). Both are located in

Rotterdam's city centre. Stayokay offers a special rate to EUR students.





Insurance

You are by law obliged to be properly insured during your time in the Netherlands. Above all things, you should make sure that you are sufficiently insured for medical expenses. In addition, third-party liability insurance is absolutely essential, and if you will be living in student accommodation it is also a good idea to have a fire and furnishings insurance. Erasmus University Rotterdam strongly recommends an AON or IPS Insurance. Both companies have a long and outstanding history in the field of medical insurances for foreign students.

AON Insurance

AON Students Insurance provides a complete and affordable insurance package for students, interns, teachers and researchers staying in the Netherlands. The package includes all necessary - and mandatory - insurances required for an educational related stay in the Netherlands, such as medical expenses, travel, liability, legal assistance and personal possessions. The insurance premium is calculated per day, there are no set-up costs, administrative fees or any other charges. Visit the website:

www.aon student insurance.com.

IPS Insurance

IPS, the Insurance Passport for Students, is specially developed for students, researchers and teachers to study or work world-wide. The IPS travel insurance is specifically designed to meet the needs of exchange programmes, work experience and educational trips. IPS offers the complete cross border insurance policy for your stay all over the world. They operate internationally and are part of the Unirobe Meeùs Groep (UMG), which is fully owned by AEGON. Visit the website: www.ipsinsurance.info.

Does your own insurance cover your stay in the Netherlands?

 If you already have an insurance, please check whether your insurance covers the complete period of your stay abroad, and what type of coverage it consists of. In our experience most foreign insurances do not sufficiently cover medical expenses in the Netherlands (e.g. due to the relatively high costs for medical care in the Netherlands), and an extra insurance package is required. You also need to keep in mind that if you use medical services with a non-Dutch insurance card or certificate, you will most likely be asked to pay all the costs in advance, and arrange the refund with your insurance provider yourself. Therefore we advise you to contact either AON insurance or IPS insurance for advice on which insurance package is appropriate in your situation.

Types of health insurances

— a) Private healthcare insurance

If you are younger than 30, or if you are older than 30 but staying in the Netherlands for less than a year, and you are not employed, private healthcare agreements for international students will most likely suffice for you.

b) European Health Insurance Card (EHIC)

If you are a citizen from the European Union, Iceland, Liechtenstein, Norway or Switzerland, you can apply for a European Health Insurance Card (EHIC). You can obtain the European Health Insurance Card free-of-charge by contacting your local health authority. EHIC will cover the most basic and emergency healthcare costs. Please note that an additional insurance package might be necessary for adequate coverage for medical expenses in the Netherlands!

c) Basic health insurance (Basisverzekering)

International students aged 30 and older, who are planning to stay in the Netherlands for one year or longer, are obliged under Dutch law to take out this basic healthcare insurance. Furthermore, from the moment you start a (part-time) job or an internship that pays you more than € 150 per month, you will have to take out basic healthcare insurance, even if you are covered by another health insurance provider.



Finances

Costs of living in the Netherlands

— Experience has shown that students living and studying in Rotterdam spend approximately €1,000 a month. This amount is needed to cover daily expenses, meals, accommodation costs, insurance, study books, etc. This estimate does not include tuition fees, immigration fees and unforeseen costs, and should be used as a general indication of the costs of living. How much money you will actually need depends on your life style. The costs for housing, for example, may differ considerably. Also, if you plan to travel during your stay, you will obviously need more money.

Below is an overview of the average living expenses per month:

Accommodation (furnished, including	I
(shared or individual) utilities)	€ 500 - € 600
Insurance	€ 55
Books and study materials (may vary	
per study programme)	€ 100
Daily expenses (food, drinks, clothes,	
going out, public transport, etc.)	€ 350

Other (non-recurrent) expenses:

Bicycle (second-hand)	€ 150
Unforese <mark>en e</mark> xpenses (high medical	
or telephone bill, etc.)	€ 300

The average prices of a number of items:

Cup of tea or coffee in a café	€ 2.50
Cheese sandwich	€ 4.00
Big Mac	€ 4.00
Meal in a typical student restaurant	€ 12.50
Cinema ticket	€ 10.00
Hairdresser (cut and blow-dry)	€ 25 - € 60

Grants

 Erasmus University Rotterdam (EUR) offers a couple of grants to international students. More information about these grants can be found on: www.eur.nl/english/essc/finances. We also recommend that you try to obtain financial support from your home institution, government agencies in your home country or international organisations (e.g. UN, World Bank, etc). We have listed other suggestions below.

a) Grantfinder

The Netherlands Student Grantfinder (www.grantfinder.nl) is an online search engine for people who want to study in the Netherlands and are looking for financial assistance. The Grantfinder contains information on a range of Dutch scholarships for international students.

b) Scholarship Portal

The European Scholarship Portal (www.scholarshipportal.eu) integrates the funding opportunities for studying, working or performing research in any of the European countries. The portal aims to encourage and assist students worldwide to find and select appropriate scholarships to study in Europe.

c) 'Studiefinanciering'

c) Student Finance (in Dutch: Studiefinanciering) Dutch students and other European students might be entitled to a grant from the Dutch Education Executive Agency (Dienst Uitvoering Onderwijs, DUO). To find out whether you are eligible for a grant check the DUO wizard on:

www.duo.nl/studiepunt/nationaliteitenschema/natschema.asp?taal=en.

Preparing to open a Dutch bank account

 International students who want to open a Dutch bank account can do so at several banks. The three most well-known banks are ABN AMRO, ING and Rabobank. You can start the procedure for opening a bank account upon arrival. There's one exception, if you choose to open a bank account at ABN AMRO, we recommend you submit the application form before you travel to the Netherlands. The reason for this is that it can several weeks to open a



bank account at ABN AMRO. More information about the banks and procedures can be found in Chapter 2 and on:

www.eur.nl/english/essc/welcome/upon_arrival/opening_a_bank_account/application/.

Working in the Netherlands

 In case you are in Rotterdam as a student at Erasmus MC, we strongly advise against taking on an extra job, alongside your studies. You will need your valuable time to study, prepare for classes, write reports, and perform your research projects in the lab.

Other students at Erasmus University Rotterdam are not advised against taking jobs. However, in our experience, it seems to be very difficult for international students to find a (part-time) job in the Netherlands, particularly as most jobs require you to speak Dutch (fluently).

Moreover, you must be aware of the fact that once you take on a job alongside your studies, you will need to have Dutch healthcare insurance and pay income tax.

The current rules for working alongside your studies are described below:

a) Students from EU/EEA countries, including Switzerland

Students from most countries of the European Union, and students from the European Economic Area including Switzerland, are allowed to work in the Netherlands without restrictions. Your employer does not need to apply for a work permit and you may work as many hours as you wish. However, you must pay income tax, so you will need a tax registration number (Dutch: Burger Service Nummer, BSN).

b) Students from outside the EU/EEA

Students from outside the EU/EEA with a valid residence permit are allowed to work up to a maximum of 10 hours per week throughout the year, or full-time during the months June, July and August. Your employer will need to apply for a work permit before hiring you.

For the most up-to-date information about working while studying, please refer to the Nuffic website: www.studyinholland.nl/practical-matters/workingwhile-studying.



Travelling from Schiphol Airport to Rotterdam

There's a pick-up service from Schiphol Airport to Rotterdam for new international students each semester. It is also possible to travel by train or taxi to Rotterdam.

Pick-up service

Erasmus University Rotterdam organises a free-ofcharge pick-up service at the beginning of every semester. In January and August several buses leave from Schiphol Airport on selected dates, taking new international students to Erasmus University. If you rent a room through SSH (Stichting Studentenhuisvesting Utrecht, business unit Short Stay), you can collect your key on the bus and be dropped off at your accommodation, if arranged in advance. More information and the dates of the pick-up service will be announced on: www.eur.nl/english/essc/welcome/before_arrival/rotterdam/pickup.

By train

If there's no pick-up service on your arrival date, the most convenient way to travel to Rotterdam is by train. There are yellow ticket machines in the baggage collection hall. After going through Customs just follow the signs to the train station. There are also yellow ticket machines at the train station. The trains to Rotterdam CS (Central Station) leave every 15 or 30 minutes (or every hour during the night), depending on the time and the day. The train journey takes about 50 minutes and the ticket prices can be found on www.ns.nl. You can find a short instruction video about travelling from the airport to Erasmus University on this website: www.eur.nl/welcome.

By taxi

 You can also take the taxi from the airport to Rotterdam. Taxis are expensive in the Netherlands, so make sure to have enough cash on you if you wish to travel by taxi. A ride from Schiphol Airport to Rotterdam costs ± € 170.

G Travelling from your home country to Rotterdam

Rotterdam can be accessed in many different ways: by plane, boat, bus, car and train. There are regular flights to Rotterdam Airport from all major cities in the neighbouring countries, and the city itself has an extensive network of buses, trams and metro.

By plane

 Nearby airports in the Netherlands are Rotterdam The Hague (14 km), Amsterdam Schiphol (66 km), Eindhoven (110 km) and Maastricht (200 km). Other international airports close to Rotterdam are Antwerp and Brussels, and even Dusseldorf and Paris can be reached relatively easily.

By boat

 Rotterdam is very easy to reach by boat from England. You sail to Hoek van Holland and, from there, Rotterdam's city centre is only 30 minutes away by train or car.

By bus

 Rotterdam has a bus terminal, near the central train station. Eurolines' coaches connect Rotterdam with over 500 towns and major cities across Europe and Morocco. For more information, please refer to their website: www.eurolines.nl/en/.

By car

 Rotterdam is easy to access by car from Germany via the A15 or A16, and from Belgium via the A16.

By train

 You can reach Rotterdam by train from many directions, including Belgium, Czech Republic, Denmark, France, Germany, Luxembourg, Switzerland and the UK. For more information, please refer to the Dutch international railway company's website: www.nshispeed.nl/en.



🗄 Checklists

We've created two checklists for you: one with all the things you need to do before you leave your home country, and one with all the things you need to pack and bring with you. When you've ticked all the boxes in both checklists, you're ready to leave for the Netherlands and are all set for a smooth start at Erasmus University Rotterdam!

Things to do before departure

Essential:

- Make a financial plan
 - Make sure you have sufficient funds to support yourself and to pay your tuition fees
 - □ Apply for grants and/or scholarships
 - Make sure you have enough money in euros to cover your expenses for the first couple of days in the Netherlands
- Accept your offer (if applicable)
- Register for your study programme
- Register in StudieLink (if applicable)
- Pay your tuition fee (if applicable)
- Make sure your passport is valid for the time that you'll be staying in the Netherlands and check with the authorities in your home country how many months your passport still needs be valid for upon your return there
- Prepare the necessary documents for your visa and/or residence permit (if applicable), and if you need a visa, obtain it before you travel
- □ Arrange your health (and other) insurance
- Decide how and when to get to RotterdamBook tickets (if applicable)
- Arrange accommodation in Rotterdam, at least for your first (couple of) night(s)

Optional:

- □ Start your bank account application
- Like the International Office Erasmus University Rotterdam on Facebook and stay up-to-date about topics such as the orientation programmes. You can find the page on:
- www.facebook.com/EurCentralInternationalOffice.
- □ Sign up for the pick-up service
- Register for a Dutch language course
- **Register for the orientation programmes**
- Register for the faculty introduction activities.
 Please note: in some cases the faculty introduction activities are compulsory
- Appoint someone you trust to act as your representative. For instance, for your bank account: if you lose your bank card, it will be easier if someone in your home country is authorised to arrange a new one for you.

Things to pack before departure Essential:

- □ Your passport
- If you're staying for more than 4 months: legalised birth certificate (necessary for your registration at City Hall), with a legalised translation if it's not in English, Dutch, French or German
- Proof of your healthcare insurance
- Tickets and journey details
- Credit card
- □ Some money in the form of cash (euros)
- Clothing for temperatures between -5°C and 25°C (between 23°F and 77°F)
- Toiletries Bag
- Medications (if applicable)
- Emergency phone numbers

Optional:

- Your (international) driver's license
- Passport photos (you will need a few during your first days in the Netherlands)
- Camera
- Mobile phone
- Laptop / tablet
- □ Travel adapter
- MP3 player/iPod
- Sportswear
- Swimwear
- Extra contact lenses or spare pair of glasses
- Sunglasses
- Umbrella (it rains quite often in the Netherlands)
- Towels
- Bed linen (some housing agencies already offer linen)
- Travel guide
- Dictionary
- International Student Identification Card
- First Aid kit

First days at Erasmus University Rotterdam

A Campuses

Chapter 2

Erasmus University Rotterdam has ten faculties, schools and institutes. Seven faculties are located on the Woudestein campus, which is situated in the east of the city. The faculty of Medicine and Health Sciences, located near the city centre, is part of the Erasmus Medical Centre (Erasmus MC), one of the largest medical centres in Europe.

Erasmus University Rotterdam is a home base for around 22,000 students, and every year the numbers are increasing. In order to prepare this campus for the future, ambitious plans have been developed. For Woudestein and Erasmus MC, some of the plans have recently been realised. The new Education Centre at Erasmus MC, designed by Claus & Kaan Architects, includes the Medical Library, lecture rooms, a 'study landscape' of open plan islands where students can work both individually and in groups, a coffee bar and the Professor Andries Querido Hall for graduation ceremonies.

Woudestein campus has a green and lively heart with the vibrant and cultural Erasmus Pavilion, a new residence for (international) students (Hattabuilding), the Erasmus Food Plaza where dishes from various corners of the world are offered and a mini-supermarket Spar University. Not all the ambitious plans have been realised yet. This means that construction activities are currently underway, and they will be taking place while study and work on campus continue as normal. Clear, well-organised construction logistics will help to limit any inconvenience. You can find more information about the plans on:

www.eur.nl/english/essc/welcome/upon_arrival/campus/.

Immigration procedures

If you need a residence permit to study in the Netherlands, the application procedure must have started before your arrival in the Netherlands (please refer to the pre-departure information in Chapter 1).

When your residence permit card is ready you will be informed by Erasmus University Rotterdam about when and where you can pick it up. Depending on your nationality, you might have to have a tuberculosis check when you arrive in the Netherlands. The tuberculosis check is free-ofcharge and it is not necessary to make an appointment in advance. You can find more information on:

www.eur.nl/english/essc/welcome/upon_arrival/immigration/tbc.

International students need to undergo a tuberculosis check if they are not from one of the following countries: EU/EEA countries, Australia, Canada, Israel, Japan, Monaco, New Zealand, Suriname, Switzerland, the United States and the Vatican City.

Registration at City Hall

If you intend to stay in the Netherlands for more than 4 months, you must register at the City Hall of the municipality in which you're living. After registering, you'll be given a Citizen Service Number (Dutch: Burger Service Nummer, BSN), which is required by some banks, if you want to open a Dutch bank account. You will also need a BSNnumber if you take on a job or paid internship in the Netherlands.

In order to register, you must make an appointment in advance. In most cases it is possible to schedule your appointment through this website: www.eur.nl/english/essc/welcome/upon_arrival/cityhall.

The following documents are required for the registration, so make sure to bring them all with you to City Hall:

- A fully completed and signed registration form (the form can be downloaded from our website). Make sure to complete the form prior to your appointment!
- A valid passport or valid identity card (the original document plus a copy).
- A rental contract and a tenancy agreement (download tenancy agreement) or declaration by the main occupant ('verklaring van inwoning') or a housing permit for those who do not live in accommodation provided by Stadswonen.
- Your Dutch residence permit (non-EU/EEA students only).



You can download the registration form and declaration form from:

www.eur.nl/english/essc/welcome/upon_arrival/cityhall. This website also provides more information about the registration process and contact details.

If you change your address during the year, you must notify the Civil Affairs Department of the City Hall about your new address.

Before you leave the Netherlands again, you will have to deregister yourself at the city hall. If you forget to inform the City Hall that you are leaving, future students moving into your accommodation may not be able to register on that address. See the website of the Rotterdam City Hall for information and instructions for deregistration: www.rotterdam.nl/deregistration.

Orientation programmes

At the beginning of every semester, Erasmus University Rotterdam offers many orientation programmes for new international students. Generally, the orientation programmes are the same each semester. There are two programmes that are only offered in the summer: the Dutch Experience and the Eurekaweek. Unless otherwise indicated, most of these activities take place at the university's Woudestein campus. Registration for most activities and more information can be found on: www.eur.nl/welcome, unless indicated otherwise.

Dutch Experience

Every summer, the International Office Erasmus University Rotterdam, the Language & Training Centre and ESN Rotterdam organise the Dutch Experience. This two-week programme offers a Dutch language course combined with cultural and practical activities such as: assistance with registering at City Hall, a workshop about the Dutch culture and the Dutch educational system, a city trip, lunches and social drinks. This programme enables you to learn the Dutch Language in a short period of time and to meet other international students.

Eurekaweek

 Eurekaweek is the official orientation week of Erasmus University Rotterdam. EUREKA stands for 'Erasmus Universiteit Rotterdam Eerstejaars Kennismakings Activiteiten', which is Dutch for 'Erasmus University Rotterdam First-years' Orientation Programme'. This week is organised by the Eurekaweek Student Committee, and its main purpose is to get you acquainted with your university, the city and Rotterdam's student life, as well as with your fellow students. During the Eurekaweek, two senior students from your study programme will be your guides. Participation is not mandatory, but it is highly recommended. Please refer to: www.eur.nl/english/eurekaweek/ for more information and registration.

ESN introduction days

- Every semester, ESN Rotterdam organises greatly appreciated introduction days for international students. Join them and they may be the most important days of your stay in Rotterdam! They'll make sure you get to know the best places in the city, and you'll have the opportunity to meet a lot of the other international students in Rotterdam. For more information and registration, please refer to: www.esn-rotterdam.nl.

EUR Experience

 Every semester, the International Office Erasmus University Rotterdam organises this orientation programme for new international students. Activities include a campus tour, a practical information session and a workshop or session about the Dutch culture and educational system. The campus tours are led by ESN buddies and they will tell you exactly where to go for the best coffee, where to get a decent meal and which buildings you will have to go to during your time at EUR. At the practical information session, information will be provided about issues such as the Dutch health care system, immigration procedures, registering at City Hall and opening a bank account.

EUR Faculty Experience

 Please refer to your faculty's website for more information. Participation is mandatory in most cases.



Official Welcome Ceremony

Every semester new international students are cordially invited to attend the Official Welcome Ceremony. The Official Welcome Ceremony consists of two parts: the formal part where the Rector Magnificus and a keynote speaker from one of the faculties welcome all new international students to Erasmus University Rotterdam; and the informal part where you'll have the chance to meet your fellow international students and experience true Dutch cuisine. The Official Welcome Ceremony concludes all the orientation programmes.

Buddy Programme

- The buddy programme, organised by Erasmus Student Network Rotterdam (ESN Rotterdam), aims to help new students establish a social and academic network from day one, and to contribute to making the start of your stay in the Netherlands an enjoyable and exciting experience. Your buddy's job is to:
- Introduce you to the university and the student life.
- Encourage students to get to know each other.
- Encourage you and other new students to go to events.
- Help you with all the issues you might encounter at the beginning of your stay in Rotterdam. Request a buddy through: www.esn-rotterdam.nl/content/request-buddy.

Some faculties also have their own buddy programme. Please refer to your faculty's website for more information about this.

Opening a Dutch bank account

If you'd like to open a Dutch bank account while you're studying at Erasmus University Rotterdam, you can do so at several banks. The three most wellknown banks are ABN AMRO, ING and Rabobank. Below you can find information about each bank. More information can be found on:

www.eur.nl/english/essc/welcome/upon_arrival/opening_a_bank_account.

ABN AMRO

 The ABN AMRO bank has bank shops on both university campuses. The ABN-AMRO bank charges a fee for using the account and the bank card, but the website and internet banking are available in English.

The ABN-AMRO bank only accepts applications for international student bank accounts that are submitted through the university. More information about the application procedure can be found on: www.eur.nl/english/essc/welcome/upon_arrival/opening_a_bank_account/application.

Proof of registration at the city hall (BSN-number) is not required immediately, but you will need to submit it within 2 months after activating the account.

Please keep in mind that the process for opening a student account at the ABN-AMRO bank may take up to a number of weeks! If you need to open a Dutch bank account quickly, it might be a better option to go to the ING bank instead.

ING

 Another bank that welcomes international students is the ING bank. This bank does not have a bank shop on the university's campus. The mobile app is available in English, but the website and internet banking are only available in Dutch. You must be 18 years old to open an account at this bank.

You can go to an ING bank office yourself and open an account directly. For opening an account you must make sure to bring the following documents:

- Valid passport or other form of identification
- Proof of enrolment at the EUR
- If already available: proof of registration at the municipality (BSN-number)

More information can be found on the ING-bank



website (only in Dutch). The address of the closest bank shop, for those coming from the Woudestein campus, is Oudedijk 133.

Rabobank

- Rabobank offers a third alternative when it comes to opening a bank account. Rabobank does not have a bank shop on campus. Rabobank charges no fees for using the account or the bank card, but the website and internet banking are only available in Dutch. A BSN-number is required. The account is activated immediately, and after 5 working days you will receive your bank card and PIN code in the mail. To open a bank account, you must have an appointment to do so and make sure you bring the following documents:
- Valid passport or other form of identification
- Proof of enrolment at the EUR
- Proof of registration at the municipality (BSNnumber)

The closest bank shop is located near the university campus, at Lusthofstraat. More information can be found on:

www.rabobank.nl/particulieren/lokalebanken/rotterdam.

Erasmus Student Network Rotterdam

Erasmus Student Network Rotterdam (ESN Rotterdam) works closely with all the international offices, the director of Student Affairs, the Erasmus Sport Centre, study and student associations and other relevant bodies within Erasmus University Rotterdam to enhance the academic and social experience of international students in Rotterdam. In this framework and with this purpose, ESN Rotterdam endeavours to foster friendships that will transcend boundaries and enlarge the professional and social networks of international students.

ESN Rotterdam sees itself as an ambassador for Erasmus University Rotterdam and for the city of Rotterdam, and in this way it hopes to enhance the experience of each international student when studying and living in Rotterdam. In addition, ESN Rotterdam aims to be a student organisation for every international student. It organises lots of activities, and you can contact the board if you have any questions.

ESN Rotterdam is located on the Woudestein campus in the N-building, room N1-13. Please refer to its website for office hours: www.esn-rotterdam.nl and find ESN or one of their many groups on Facebook (ESN-Rotterdam).

G Sigma Delta Phi

Founded by two international students in 2011, Sigma Delta Phi has become the first international platform for female students at Erasmus University. Together with you, Sigma Delta Phi wants to develop lasting relationships while bringing international students together at both business and social events.

By forming a close group of talented, international and ambitious female students, Sigma Delta Phi wants to create a multicultural environment where you can get the most out of your studies. Sigma Delta Phi wants to enrich your life in many different ways; whether it be through events, networking or socializing, they want to make your student life as memorable as possible!



By maintaining close relations with Erasmus University as well as various associations, Sigma Delta Phi wants to provide you with business events, social drinks, dinners, parties, city trips, an investment group and much more! More information about SDP and how to become a member can be found on: www.sigmadeltaphi.nl or by sending an e-mail to info@sigmadeltaphi.nl. You can also find them on Facebook: www.facebook.com/SigmaDeltaPhiRotterdam.

Going online

To use the computer facilties or the wireless network at either of the EUR campuses and to log on to the university websites from home or any other location, you are given an Erasmus Remote Network Access (ERNA) account. Your account name and password will be sent to you by mail after registration in StudieLink or provided during the faculty introduction meeting (StudieLink is not applicable to all programmes at EUR). More information about this account can be found on: www.eur.nl/english/erna. Both Woudestein and Erasmus MC have free hotspots on campus as well.

Getting a mobile phone or SIM card

ESN Rotterdam has free SIM cards that you can collect at its office (N1-13). The SIM card provider is Lebara, which has cheap rates for calling other people with a Lebara SIM card.

If you'd like to buy a mobile phone or get a SIM card from a different provider, you can go to one of the other providers' shops in Rotterdam's city centre. The best-known Dutch providers are KPN, Hi, Vodafone, T-mobile, Telfort, Ben and Tele2.

Of course you could also order a mobile phone or SIM card online, but as most websites are in Dutch, we advise you to ask ESN Rotterdam to help you with this. 2

Chapter 3 All you need to know about studying at EUR

Erasmus Student Service Centre

The Erasmus Student Service Centre (ESSC) provides clear and up-to-date (online) information for new international students on student registration, finances, making appointments with counsellors and various other services. If you have any questions that do not relate to your study programme, you can contact the ESSC. The ESSC is located in the hall of the E-building on the Woudestein campus. For further informaton, please refer to the website: www.eur.nl/english/essc/.

Erasmus MC students can also visit the International Office, which is located in the FD 3 corridor on the Erasmus MC campus.

B The educational system in the Netherlands

When you come to the Netherlands to study, many things will, as you would expect, be different from those in your home country: climate, lifestyle, traffic, food and religion for example. In addition, you may find that the Dutch grading system also differs from the system you are used to. To help you know what to expect, we have listed some information about the Dutch educational system.

Dutch grading system

 A student's workload is measured in ECTS (European Credit Transfer System) credits. According to Dutch law, 1 credit represents 28 hours of work and 60 credits represents one year of full-time study. The assessment system in the Netherlands consists of marks from 1 (very bad) to 10 (outstanding). The marks 1 to 3, 9 and 10 are seldom given. A minimum score of 6 is required to pass a course. For marks with one decimal point, 5.5 is the minimum pass mark. For the programme as a whole, an average mark of 8.25 or higher entitles the student to a pass cum laude (with distinction).

Comparing your marks

Several countries use grading systems that appear similar to the one used in the Netherlands. One example is the 1-100 system. However, it would be inaccurate to compare a 90-100 grade in such a system with a 10 in the Dutch system, or an 80-90 with a 9, and so on.

An 80 in China, for example, is not considered a good grade since most grades in higher education in China are between 80 and 100. In the Netherlands, however, an 8 is a very good grade, since most grades are between 6 and 8; only excellent students achieve a grade higher than 8.

Dutch way of teaching

 Respect for each individual's opinions and convictions are a national virtue. This is the foundation of the teaching method used in Dutch



educational institutions.

The teaching style can be described as interactive and student-centred, providing students with the attention and freedom they need to develop their own opinions and creativity in applying their newly acquired knowledge.

Problem-based learning

The Netherlands has received international acclaim for its ground-breaking problem-based learning system, which trains students to analyse and solve practical problems independently through emphasis on self-study and self-discipline.

A large part of all study programmes is dedicated to writing papers, working in groups to analyse and solve specific problems, acquiring practical work experience through internships, and conducting experiments in laboratories.

Interaction in class

Interaction in class is highly appreciated. Students are expected to think about the knowledge that is presented to them and develop and express their own opinions. They should not be passive, but ask questions and be critical of what lecturers or fellow students say.

Learning the language

Working together in an international classroom should pose no problems, as everyone speaks English. Nevertheless, it would be beneficial to be able to mingle in conversations in Dutch and contribute to discussions in Dutch between local classmates. This may make working in groups even more interesting and meaningful.

The university's Language & Training Centre offers several Dutch courses which you could take. Please refer to: www.eur.nl/ltc for more information.

Binding Study Advice

At Erasmus University Rotterdam, as at other Dutch universities, new Bachelor's students are obliged to comply with a binding study advice (this is not applicable to exchange students). This means that you need to obtain a minimum number of credits in your first year of registration to be able to continue your studies in that study programme. One year of study adds up to 60 ECTS credits. 1 ECTS credit is about 28 hours of work.

In 2013-2014, all bachelor programmes, with the exception of Medicine and Philosophy, introduced a new examination system: Nominal is Normal (N=N). This means that in the first year, you need to obtain all 60 ECTS credits out of a possible 60. Every course in the first year is equivalent to a set number of credits. The credits for the courses you have passed can simply be added up in order to determine the total number of credits you have earned and how many you still need to earn in order to fulfil the requirement. For more information, please refer to: www.eur.nl/english/essc/advice_courseling/binding_study_advice.

Student Information Network Online

Students at EUR receive regular updates by email and via the online student information channel SIN-Online (Student Information Network Online). Using your ERNA account, you can log on to the websites: www.sin-online.nl and for Erasmus MC students: http://emc.sin-online.nl/channel.

Other interesting channels to subscribe to are the channels 'Erasmus Student Service Centre' and 'International Student Information'.



Libraries

EUR University Library

 The EUR University Library collection includes around one million books, over 10,000 periodicals and access to more than 300 digital databases in all scientific areas that are taught and studied at EUR. You may borrow books from the library free of charge, but a student card or library card is required. Publications not available in the University Library can be requested from another library for a small charge. There are 450 study places in the University Library. The University Library is located in the B-building on the Woudestein campus. More information can be found on: www.eur.nl/ub/english.

Faculty and institutional libraries

 EMC, ESL, IHS, ISS and RSM also have their own specific libraries. More information about the faculty and institutional libraries can be found on the University Library website:
 www.eur.nl/ub/english under the 'Libraries and collections' section.

Rotterdam Central Library

 Rotterdam Central Library in the city centre, near the metro station Blaak, has six floors and over one million books. The Central Library is a social and cultural information centre where you can read (international) newspapers and magazines, see exhibitions and listen to music. You can borrow books, projection slide series, films and DVDs.
 Studying at and obtaining information from the library is free-of-charge, but you will need a membership card if you want to borrow books or other items. More information can be found on: www.bibliotheek.rotterdam.nl.

I Language & Training Centre

The Language & Training Centre (LTC) offers language courses in Chinese, Dutch, English, Italian and Spanish. All courses are classified according to the Common European Framework of Reference (CEFR). In order to determine which level suits you best, the LTC organises intakes four times a year. The courses consist of 10 weekly sessions (starting at 17.30 hrs) and a separate exam. There are three course periods per academic year, starting in October, January and April. Apart from these evening courses, we organise crash courses in August for Dutch, English and Spanish.

For languages other than those mentioned above (such as German and French), the LTC cooperates with other language institutes. Please refer to the website: www.eur.nl/ltc for more information about the various options and schedules.

Other activities offered by the LTC are:

- Academic writing for Bachelor/Master students (the 'do's and don'ts' of writing academic texts);
- ITP-TOEFL test (at least once a month);
- Language assessments for Dutch, English, Italian and Spanish;
- Courses in the area of study skills (e.g. Effective Studying).

More information about language courses, intakes, study skills and other services of the LTC, can be found on: www.eur.nl/ltc.



G Student organisations Student fraternities

 Erasmus University Rotterdam has several student fraternities which are open to international students. For a summary of all the fraternities, please refer to the 'student life' section on: www.eur.nl/welcome.

Study associations

 Every school has at least one study association. Some have just one association for the whole school, while in other schools every programme has its own assocation.

Study associations try to bridge the gap between theory and practice, and organise activities for all students interested in that specific field of study. They often offer discounts on your study books, study-related trips (abroad) to interesting companies and social drinks. For a summary of all study associations, please refer to the 'student life' section on: www.eur.nl/welcome.

Cultural organisations

SG Erasmus organises lectures, debates, talk shows, film screenings and workshops on scientific, social and cultural issues. They also organise a wide range of cultural activities and courses, such as dancing, photography and playing the guitar. They also sell tickets with student discounts for concerts, as well as theatre, comedy and dance productions.
 There are several cultural societies in which you, as a student, can actively participate at Erasmus
 University. Together with SG Erasmus, these societies form the Cultural Platform of the EUR. Whether you like acting, dancing or making music, you'll find a society in each field.

Please refer to: www.eur.nl/english/sgerasmus, to find out more about culture on the EUR campuses.

Other organisations

 In addition to the organisations listed above, Erasmus University Rotterdam has many other organisations for both national and international students, such as sports organisations, political organisations, international organisations and many, many more. For a summary of all the student organisations, please refer to the 'student life' section on: www.eur.nl/welcome.

Erasmus Pride

Erasmus Pride is a network for lesbian, gay, bisexual and transgender (LGBT) employees and students at Erasmus University Rotterdam and the Erasmus MC. Erasmus Pride was inspired by the Company Pride Platform and has partially adopted its vision and objectives.

Erasmus Pride regularly organises social gatherings for employees and students. Please refer to their website for the upcoming activities and contact information: www.eur.nl/english/erasmuspride.

Erasmus Sport Centre

Over 50 different sports, professional instructors and trainers, 20 different student sport associations and all this for very reasonable prices! The Erasmus Sport Centre on campus has two large venues for all kinds of indoor sports, 2 training halls, a dance studio, spinning studio, five squash courts, a brand new gym and six outside tennis courts. In co-operation with student associations, the Erasmus Sport Centre also offers numerous outdoor sports (soccer, lacrosse, rugby, field hockey, to name a few). At Erasmus Sport you can enjoy sports on all different levels. From the very top-level to recreational sports with friends or just by yourself. The Erasmus Sport Centre is open for all students of the Erasmus University, from all faculties.

All you need is a sports pass. The Erasmus Sports pass comes in different types: valid for 12, 6, 3 months or just 1 month. The pass is either with or without the use of the Gym (Surcharge). The Erasmus Sport Centre also sells day passes. Check out the possibilities online via www.erasmussport.nl. Also be aware of their cooperation with ESN Rotterdam, with whom they have developed custom made deals for international students.

Sustainability on campus

As one of the leading universities EUR strives for excellence in everything it does, including sustainability. Student activists in collaboration with enthusiastic university representatives are working hard to make the campus greener. EUR is determined to reduce its ecological footprint and you can play your part by, for example, reusing your



water bottle, printing on double-sided recycled paper and storing food in reusable containers. Together we can make the change! GreenEUR is one of several sustainable organisations present on campus, bringing together all parties interested in sustainability. Please refer to: www.greeneur.nl or send an email to: info@greeneur.nl for more information. For information on recycling, waste streams, sustainability and campus contacts please refer to: www.greeningrsm.ning.com or email a campus representative of Greening RSM at: GreeningRSM@rsm.nl.

K Facilities on Woudestein campus

As the campus is currently under construction, it is possible that the facilities will change in the future. For the most up-to-date information, we recommend these websites: www.eur.nl/english/facilities/facility_services and www.eur.nl/english/erna/erna_home.

PC workstations

There will be at least one room with PC workstations in your faculty building. Two places on campus that can be used by all Erasmus University students, regardless of their discipline, are the University Library and the G-building.
 There are 196 PC workstations in four reading rooms in the University Library. If all the PC workstations in the library or your faculty building are taken, you can use the IT facilities in the G-building next to the University Library.

The G-building has a large number of PC workstations and group work areas, PCs with printing facilities in PC rooms, meeting studios, Hotspots and plug-ins for your laptop. The G-building is open from 8.30 - 17.00. Reservations for meeting studios can be made at the desk in G1-39, by phone (010 408 24 84), or by email: studiezalen@ict.eur.nl.

Printing on campus

 On the Woudestein campus, Service Point is the service provider for all your reprographic and printing jobs, as well as mailings. Their copy shops provide facilities for 'do-it-yourself' printing, photocopying and binding. The service desk in the central branch in the Vbuilding delivers a full printing service. It is open Monday to Friday, 8.45 – 17.00.

Banking facilities

 ABN AMRO Bank has a branch at Erasmus MC and at Woudestein. Both branches offer a full package of financial services for both commercial and private customers. As neither branch has cash facilities, it is not possible to deposit or change money there. On the Woudestein campus, the bank is located near the V-building.

Cash dispensers

 There are three cash dispensers on the Woudestein campus, where you can obtain cash using your bank card. Two cash dispensers are located in the wall of the bikeshed between the T- and the L-buildings. The third one is located at the branch between the V- and L-buildings.

Studystore / Bookstore

The student bookshop Studystore is located in VB-40 in the V-Building on the Woudestein campus. The bookstore focuses mainly, but not exclusively, on the academic community. It aims to have all the books on the current university reading lists in stock. In addition to the prescribed literature, Studystore has a lot of other recent academic literature in stock, as well as general literature, postcards, office supplies, gifts and Erasmus merchandise. You can read more on their website:

 $www.eur.nl/english/efb/buildings_grounds/shops_erasmus_woudestein/bookshop_studystore.$

Where to eat and drink on Woudestein?

The Woudestein campus offers a variety of places to eat or to have a break. There are food plazas and coffee corners in the H-, J-, L- and T-buildings. There is a self-service restaurant in the H-building, a minisupermarket Spar University, a restaurant in the Erasmus Pavilion and a student café (In de Smitse) in the T-building. You can read more on this website: www.eur.nl/english/efb/food_drink.

Religion

 Pastors from various churches work together in the student rectory. The student pastor makes time available to discuss the philosophy of life, ethical issues and personal questions about life; these discussions are strictly confidential. Moreover,



within various faculties, he also tries to contribute to reflections on topics such as the philosophy of life, anthropology and ethics, by organising discussions and meetings. You can read more on the website: www.spr-vision.nl/en-index.htm. NSR is an open, Christian student society that offers students the possibility to think about the meaning of life and the Christian faith. For more information, please send an email to: info@nsr.nu.

To enable Muslim students to fulfil their prayer obligations, the university provides prayer facilities. On the Woudestein campus, these are located in the N-building, the opening hours are: 8.00 - 18.00. The Muslim prayer area is a designated place where Muslim students and staff can pray and contemplate; it is only intended for individual use. The prayer room is not used by other religions and is oriented towards the East. In the front section, ritual washing facilities are available. Prayer mats and a Koran are also available.

KASEUR is a collaboration of multicultural student organisations connected to Erasmus University Rotterdam. For an overview of all the organisations, please refer to their Facebook page: www.facebook.com/pages/KASEUR/373874732917.

Hairdresser

 There is a women's and men's hairdresser in the Vbuilding. It charges a special rate for students and senior citizens.

Baggage lockers

 If you wish to store bags or personal items, you may do so in the baggage lockers in the temporary entrance to the University Library (building B). Use of the lockers is free-of-charge.

Facilities on Erasmus MC campus PC workstations

 PC workstations are available near the Medical Library on the second floor of the Erasmus MC Education Centre.

Printing on campus

 Students at Erasmus MC can print, copy, and scan at the Ricoh facilities near the Medical Library on the second floor of the Erasmus MC Education Centre.

Banking facilities

 ABN AMRO Bank has a branch at Erasmus MC and at Woudestein. Both branches offer a full package of financial services for both commercial and private customers. As neither branch has cash facilities, it is not possible to deposit or change money there. On the Erasmus MC campus, the bank is located in the FD corridor.

Cash dispensers

 At Erasmus MC there are ABN-AMRO cash dispensers next to the bank office in the Fd corridor. In the hospital building, there is also an ING cash dispenser.

Where to eat and drink on Erasmus MC?

 There is a self-service restaurant on the second floor of the Ec building and a coffee bar on the third floor of the Ee building, near the lifts. There is another espresso bar in the new Education Centre, as well as the student bar

't Vat' (Dutch for 'the Barrel') run by the MFVR medical students association, open Monday through Thursday from 15.00 to 19.00 hrs. In the Sophia Children's Hospital there is a restaurant on the second floor, and a restaurant 'Dijkers' is located on the first floor of the V wing of the hospital.

Religion

 EUR has a student chaplaincy. Student chaplains are available if you would like to speak to them confidentially about anything: your experiences, life and death, relationships, faith, your aims and ideals. They also organise groups for sharing and discussion, as well as giving lectures on spirtuality, social responsibility and dialogue between different religions. To read more, please refer to: www.spr-vision.nl/en-index.htm.



NSR is an open, Christian student society that offers students the possibility to think about the meaning of life and the Christian faith. For more information, please send an email to: info@nsr.nu.

To enable Muslim students to fulfil their prayer obligations, the university provides prayer facilities. On the Erasmus MC campus, these facilities are located between lecture halls 3 and 4, in the EC wing and in room SK1-250, on the first floor of Sophia Children's Hospital. A quiet room is also available on the first floor of the H-building (north wing).

Baggage lockers

 There are lockers in the Medical Library; they are located on the second floor of the Ee-building,

Safety and security

By international standards, the Netherlands is a safe country with low levels of violence and street crime. However, Rotterdam is a large city. As in all large cities, it is important to watch your belongings, both on and off campus.

In the case of an emergency where there is danger to life or a crime is being committed, you can contact the police, fire or ambulance services by dialling 112 from any phone (free-of-charge).

Emergency?

On Woudestein campus, dial 010 408 11 00 On Erasmus MC campus, dial 010 703 40 04 Off campus, dial 112, the national emergency number

If you are on Erasmus MC campus and you use internal calls, dial

- *12 for cardiac massage
- *15 for emergency

Emergencies can occur anywhere and at any time. Erasmus University therefore has on-campus security services. The security organisation ensures that EUR is able to deal with an emergency effectively. EUR's emergency teams only act in the case of an emergency. Depending on the scale and type of emergency, the emergency team leaders decide which officials are in which teams. The security organisation is there to protect visitors, students and employees.

Advice and Counselling Study advisor

Every faculty has its own study advisor(s). For counselling or advice concerning the content of your study or faculty, you can schedule an appointment with a study advisor. A study advisor can give you advice and guidance concerning the study programme, compensation regulations, study planning, study progress and study delay, the Binding Study Advice, individual arrangements in case of illness, personal circumstances and top-level sport, writing a request to the examining board and studying abroad etc. Please refer to your faculty's website for the contact details of your faculty's study advisor.

Student counsellor

Student counsellors offer students advice, counselling and information about study methods, choice of study programme, questions regarding their studies and being a student, and practical subjects as well as personal matters or problems. Student counsellors can assist students with questions and problems relating to the student personally as well as his or her studies. It is their job to help you find answers to your questions and solutions to your problems in personal and confidential interviews. If another person or institution is better able to help you with your problem, the student counsellors can refer you accordingly.

Student counsellors are also responsible for handling complaints about the conduct or actions of employees and organisational aspects of the university in relation to students (ombudsman function). For more information, please refer to: www.eur.nl/english/essc/advice_counselling/professional/counsellors.

University psychologist

It is not uncommon for students to experience problems during their studies. This is sometimes caused, for example, by having to adjust to independent living, relationships that are not going well or events that are difficult to cope with. Often it is not exactly clear whether study-related or personal difficulties are the cause or the consequence of the problem. One thing is clear: a vicious cycle has been created. The university psychologists can help to break this cycle. The goal of the university psychologists is to help



students resolve problems that prevent them from focusing on their studies. The aim of the initial orientation consultation is to help the psychologist gain a better understanding of the symptoms or problem and to examine the connection between the problem and the student's course of study. This consultation is sometimes enough to help get someone back on track, but more often further counselling is required. This takes the form of participation in individual or group therapy. If the university psychologists cannot provide the right kind of help they can refer you to the appropriate support services. For more information, please refer to:

www.eur.nl/english/essc/advice_counselling/professional/psychologists.

Careers advisor

- The transition from study to a career is not always easy, so it is a good idea to prepare yourself for this step in good time. It is also wise to think carefully about your choice if you are contemplating a Master's degree. You can do this by exploring the job market and considering your opportunities in the job market. If you feel you would like some advice in this area, you can make an appointment with the careers advisor of Erasmus University Rotterdam. During a consultation with the careers advisor, your personal characteristics, talents, strengths and weaknesses, desires and expectations are discussed, as well as such issues as exploration of the job market, job application, networking, psychological test/assessment methods, career planning and salary negotiation. For more information, please refer to:

www.eur.nl/english/essc/advice_counselling/professional/careers_advice.

Studying with a disability

 If you would like more information about facilities and accommodation for students with impaired mobility, or would like to discuss personal functional disablities – such as dyslexia, a physical handicap, a chronic and/or psychological disorder which could affect your performance as a student – then please contact an EUR staff member via the ESSC. You might be eligible for help. You can read more on: www.eur.nl/swd.

Confidential counsellor

Erasmus University Rotterdam places great importance on the students' and staff's ability to work in a pleasant and productive atmosphere. EUR has appointed two confidential counsellors, one for students, and one for employees. They serve as the contact person for anyone who has been confronted with unwanted behaviour (such as sexual harassment, aggression and violence) or unequal treatment in their study or work environment. You can read more on:

 $www.eur.nl/english/essc/advice_counselling/professional/confidential.$

Scheduling appointments

You can schedule an appointment with a student counsellor or a university psychologist. An interview with a student counsellor or a university psychologist is strictly confidential. This can be done by phone on 010 408 2323 or in person via the Erasmus Student Service Centre, which is located on the ground floor of the E-building. The contact details of study advisors and the confidential counsellor can be found on the website: www.eur.nl/english/essc, under 'Advice and counselling'.

An appointment with the careers advisor can be made online.

Top-level sport

Many people believe that studying and top-level sport is a difficult and time-consuming combination. Erasmus Topsport is the central organization at the Erasmus University offering support to top athletes. Top athletes compete in the highest national league or at international level. The support mainly focuses on facilitating students in combining their sport and study through study and sport facilities. More than 75 top athletes are currently registered at Erasmus Topsport. Erasmus Topsport is located in room SB-87 of the S-building in the Sports Centre. You can contact them by sending an email to: topsport@erasmussport.nl or find more information on: www.erasmussport.nl/en_GB/topsport.html.



Health

General practitioner

 For medical assistance, the usual practice in the Netherlands is for a patient to have an initial consultation with a general practitioner (Dutch: huisarts), before making an appointment with a specialist in hospital. You can only go directly to the hospital if it is an emergency.

Erasmus University Rotterdam has made arrangements with the following general practitioners.

Students living in Rotterdam Zuid can go to:

Gezondheidscentrum Afrikaanderwijk

Maashaven Oostzijde 155 Tel: 010 485 41 11 Emergency: 010 485 68 59 Call to make an appointment

Students living in Kralingen can go to:

Dr. C.H. Baar-Poort / Dr. F.E.E. van der Does

Noordeinde 97 Tel: 010 412 24 30 Entrance hours: 7.45 - 8.15, or call to make an appointment

Huisartsenpraktijk Kralingen (Dr. T.J. Schenk)

Oudedijk 60U Tel: 010 452 78 78 Call to make an appointment

Gezondheidscentrum DWL de Esch

Rijnwaterstraat 10 Tel: 010 452 63 63 Call to make an appointment

If you do not live near one of these doctors, you should find a general practitioner in your area yourself.

If you need medical assistance after office hours or during the weekend, you should contact the GP outof-hours service (Dutch: huisartsenpost). There are two of these in Rotterdam:

Central district

Huisartsenpost SFG Kleiweg 500 3045 PM Rotterdam Tel: 010 466 95 73

South district

Huisartsenpost Zuid Maasstadweg 59 3079 DZ Rotterdam Tel: 010 290 98 88

Dentist

 Appointments for the following recommended dentists (Dutch: tandarts) should be made in advance; it is usually only possible to pay with cash.

Tandartsenpraktijk Strevelsweg

Strevelsweg 121 Tel: 010 485 92 06 To make an appointment you can call between 9.00 – 17.30

Mondzorgcentrum Noordereiland

De Ruyterstraat 4-6 Tel: 010 414 12 00 To make an appointment you can call between 10.00 – 17.00

Tandartspraktijk Uys

Voorschoterlaan 130A Tel: 010 413 28 93 To make an appointment you can call between 10.00 – 17.00.

Pharmacy and chemist

 Most medications are only available on prescription. You will be given the prescription by your general practitioner and can collect your medication(s) at a pharmacy (Dutch: apotheek).

Chemists (Dutch: drogist) sell medications that do not require a prescription, such as aspirin and cough medicine. There is always a pharmacy open, even in the weekend. Every pharmacy posts a notice in its window showing which pharmacy is open in the evenings and weekends.



Hospitals

 The main hospital (Dutch: ziekenhuis) in Rotterdam is the Erasmus Medical Centre. It is located at 's Gravendijkwal 230. Tel: 010 704 07 04.
 For other hospitals in Rotterdam and their contact details, please refer to the last chapter of this handbook.

Physiotherapist

 Dimitri Motz is the physiotherapist (Dutch: fysiotherapeut) on the Woudestein campus. His practice is located in the Erasmus Sport Centre. To make an appointment for a consultation, you can contact him by phone on: 010 408 18 74. For more information, please refer to:

www.fysiotherapiewoudestein.nl (only in Dutch).

Working in the Netherlands

Foreign students can take part-time jobs during their studies. However, the possible lack of knowledge of the Dutch language might make it difficult for them to find a job. Students can search for part-time jobs through temporary job agencies, advertisements in newspapers, or the internet.

Please note that Erasmus MC students are strongly discouraged to take on a job alongside their studies. They will need their valuable time to study, prepare for classes, write reports and conduct research projects in the lab.

Non-EU/EEA students

Non-EU/EEA need a work permit for part-time jobs. The employer or the employment agency needs to apply for a work permit for you.

In addition, non-EU/EEA students are only allowed to work under certain conditions. They can work either for a maximum of 10 hours per week throughout the year, or they can do full time seasonal work in June, July, and August.

EU students

Students from EU countries are allowed to work in the Netherlands without restrictions. Your employer does not need to apply for a work permit and you may work as many hours as you wish. However, you must pay income tax, so you will need a Citizen Service Number (Dutch: Burger Service Nummer, BSN).

You must be aware of the fact that once you take on a job alongside your studies, you will need to have Dutch public healthcare insurance and pay income tax.

For the most up-to-date information about working while studying, please refer to the Nuffic website: www.studyinholland.nl.

International Student Barometer (ISB)

We value the opinion of our international students! It is likely that during your studies at EUR you will receive a request to complete a survey called the International Student Barometer, which is managed by I-Graduate. Please help us improve our education and support services for current and future international students by completing the survey.

R International Student Experience Blog Every semester, 2-3 international EUR students give other students a look into their experiences in Rotterdam. They blog about topics such as the university, the trips that they have been on, a great restaurant or shop they have visited, student organisations and new neighbourhoods that they have discovered. You can find the International Student Experience Blog on: http://blog.eur.nl/welcome/.

S Checklist for when you leave the Netherlands

Once you leave the Netherlands, there will be a couple of matters that you should take care of. Examples of these matters are deregistering at city hall, closing your bank account and cancelling your Dutch health insurance. You can find a checklist on: www.eur.nl/english/essc/moreaspects/after/before_leave.

Chapter 4 Rotterdam and the Netherlands

A The Netherlan	ds and the Dutch	27 April 2014	King's Day	
The Netherlands	is a country in north-western		Celebration of the birthday of	
Europe with a po	pulation of nearly 17 million. It is a		King Willem-Alexander, as a day	
parliamentary de	mocracy and constitutional		of national unity. On this day	
monarchy. The ca	pital is Amsterdam and the seat of		the Royal Family visits one of	
Government is Th	-		the Dutch cities, towns or	
	is often called 'Holland', which is		villages, a lot of people wear	
	ect as North and South Holland are		orange clothes, wave flags and	
	of its 12 provinces. The word		drink beer. Others will hold or	
'Dutch' (or 'Nede	rlands' in Dutch) is used to refer to		visit rummage sales in the	
the people, the la	anguage and anything pertaining		streets. A lot of festivities take	
to the Netherland			place all over the country. In	
			2014, it will be celebrated a day	
According to Lon	ely Planet: "There aren't many		earlier, so on 26 April.	
-	much land below sea level. There	4 May 2014	Remembrance Day (not an	
	ny - countries this flat. There aren't		official holiday)	
•	vith so much reclaimed land. There		The 'Dodenherdenking' is held	
	tries this densely populated, and		for those who fought and died	
-	ere aren't many countries with so		during World War II, or in later	
	wind, or so many boats, sails, bikes,		combat or peacekeeping	
	lers, windmills, flowers, fish,		operations. Throughout the	
	eese - and tall people. And there		country two minutes' silence	
-	nany countries who can claim such a		are observed at 20.00.	
-	vid orange in this case) as their	5 May 2014	Liberation Day (not an official	
	there is no place like the		holiday)	
	troducing the Netherlands, 2010).		Celebrated to mark the end of	
	J		the occupation by Nazi	
The Netherlands	has a culture of openness and		Germany during World War II.	
The Netherlands has a culture of openness and tolerance towards the rest of the world and towards		29 May 2014	Ascension Day	
tolerance towards the rest of the world and towards each other. This attitude is reflected both in business		,	Religious holiday for Christians,	
each other. This attitude is reflected both in business and in social life. Most people know the Dutch as			commemorating the ascension	
	nd direct in their communication.		of Jesus Christ into heaven.	
		8 June 2014	Pentecost – Whit Sunday	
National holidays an	d celebrations		Religious holiday for Christians,	
— 1 January 2014	New Year's Day		50 days after Easter, celebrating	
18 April 2014	Good Friday		the descent of the Holy Spirit	
•	(not an official holiday)		upon Jesus Christ's disciples.	
	Religious holiday for Christians,	5 December 2014	Sinterklaas (not an official	
	commemorating the crucifixion		holiday)	
	of Jesus Christ.		Sinterklaas, the original version	
20 April 2014	Easter Sunday		of Santa Claus, is celebrated in	
-	Religious holiday for Christians,		Flanders and the Netherlands.	
	commemorating the		Loosely based on Saint Nicholas,	
	resurrection of Jesus Christ.		this fictional character arrives	
21 April 2014	Easter Monday		each year from Spain to hand	2
26 April 2014	King's Day celebrated		out presents and sweets to	
	It is celebrated a day earlier as		children.	
	the King's birthday is on a			
	6 I I 2011			

Sunday in 2014.



25 December 2014 Christmas Day 26 December 2014 Second Christmas Day -**Boxing Day** 31 December 2014 New Year's Eve (not an official

holiday)

Language

The official language in the Netherlands is Dutch, which is spoken by the vast majority of the inhabitants. Another official language is Frisian, which is spoken in the northern province of Friesland.

English is understood and spoken at a fair level by the majority of the people in the Netherlands.

Climate

The Netherlands has a typical 'marine climate'. In summer, fine, hot weather may last for weeks, but the weather can just as easily be cool and unsettled. In winter, spells of cold weather lasting from a week to two months or more may cause rivers and canals to freeze, but in mild winters this may not occur at all. Rainfall is well distributed over the year. Average daily hours of sunshine range from 2 hours in January to between 7 and 8 hours in June. The average daily temperature in January is around 5°C and in June around 20°C. To check the weather forecast you should refer to: www.theweathernetwork.com or www.meteovista.co.uk.

Rotterdam

Rotterdam is the second largest city of the Netherlands, with over 600,000 citizens, while the population of the greater Rotterdam region is around 1.2 million. This all started when a dam was built in the river 'Rotte' in 1270. The city was granted a charter in 1340. In the 15th century, Rotterdam produced perhaps its most famous son: Desiderius Erasmus, one of the founders of Humanism. Erasmus University Rotterdam is named after this philosopher.

The river Meuse runs through Rotterdam and the city is famous for its port, the largest in Europe, earning it the name 'gateway to Europe'. Rotterdam is only a short distance from Europe's most magnificent cities - London, Paris, Barcelona, Berlin, Brussels and Amsterdam.

Cultural life in Rotterdam is vibrant. There is a wide selection of museums, including modern art, historical treasures, architecture, photography, historical ships and exotic animals. According to the New York Times and Rough Guides, Rotterdam is a must-see city in 2014. They specifically recommend the city's architecture. The skyscrapers adorning the skyline along the river are fine examples of what modern architecture has to offer, while there is still a historic heart within the city. It is those skyscrapers that have given Rotterdam the nickname of 'Manhattan on the Meuse'.

Rotterdam is famous for its many festivals and events. It is also a true sports city and holds many sports events, such as its world famous marathon, a world tennis tournament, the largest outdoor international equestrian event in the Netherlands, and many more. For up-to-date information about events and festivals, please refer to: http://en.rotterdam.info/visitors, www.rotterdamfestivals.nl/public or www.weownrotterdam.nl.



Tourist information

Rotterdam has a lot to offer in many ways. If you'd like to explore the city but have no idea what this 'Manhattan on the Meuse' has to offer, you can refer to the tourist information website or go to the tourist information office in the city centre to get an initial impression of Rotterdam and what you can see, do and experience in this vibrant city. The information office website,

http://en.rotterdam.info/visitors, also has an events calendar, which will tell you what's going on today, this week or this month.

Getting around Bicycles

— To get around quickly, easily and cheaply, buy a bicycle (Dutch: fiets). However, make sure that you always use a good quality bicycle lock. A secondhand bicycle in reasonable shape will cost you approximately €150. Second-hand bicycles can be bought at most bicycle shops and at the bicycle shelter at Central Station.

At Erasmus MC there is a bicycle repair shop in the basement of the He-building; it is open on Mondays, Tuesdays and Wednesday mornings.

Public Transport

 To plan your journey there is one website that combines all public transport throughout the Netherlands and will help you plan your journey from door to door: www.9292.nl/en.

The Rotterdam Transportation Authority (Dutch: Rotterdamse Electrische Tramwegmaatschappij, RET) provides mass transit services by tram, bus, metro and ferry in the Rotterdam area. More information can be found on: www.ret.nl/en.

In order to use public transport in the Netherlands, you need a public transport chipcard (Dutch: Openbaar Vervoer chipkaart, OV-chipkaart). Personalised, anonymous, and/or disposable cards can be purchased online, from RET ticket offices and from RET ticket machines at metro stations. A personalised or anonymous card, that can be used multiple times, costs \in 7.50. It is also possible to rent an OV-chipcard from Erasmus Student Network (ESN) Rotterdam. You have to pay a €10 deposit, which you will get back once you leave Rotterdam and return the OV-chipcard. Their contact details can be found in Chapter 2. More information about traveling with an OV-chipcard can be found on: www.ov-chipkaart.nl/?taal=en.

Dutch rail services are widespread across the country, in most cases provided by Dutch Railways (Dutch: Nederlandse Spoorwegen, NS). Train tickets can still be bought directly from ticket machines at the stations, but the OV-chipcard can also be used. More information about the Dutch railways, prices of tickets or travel information can be found on: www.ns.nl/en.

If you plan on travelling by train a lot, it might be a good idea to buy one of the discount passes. Information is only available in Dutch unfortunately, but you could apply Google Translate to the following website which offers information about the discount passes:

www.ns.nl/reizigers/producten/abonnementen.

Cars

With such a good public transport infrastructure in the city, we advise you not to bring your car into Rotterdam's city centre, where parking or a parking permit is very expensive. However, you might sometimes need or want to hire a car. Through StudentCar, you can rent a car by the hour and pick up the car from Woudestein campus. More information can be found on: www.studentcar.nl/en.

Parking on the Woudestein campus and Erasmus MC costs money. More information can be found on: www.eur.nl/english/campus_facilities/buildings_grounds/parking_car_motorbike www.erasmusmc.nl/overeasmusmc/bereikbaarheid/parkeren_erasmus_mc/?lang=en.

For an extensive overview of traffic rules and signs in the Netherlands, please refer to the following website: www.government.nl/government/documentsand-publications/leaflets/2013/01/16/road-traffic-signs-andregulations-in-the-netherlands.html.



G Postal services

You can buy stamps for letters and postcards, or send larger packages, from post offices at various locations in Rotterdam. Mail can be posted at these post offices (bearing the sign 'Postkantoor' and/or 'PostNL') or at any of the red or orange mailboxes you find in the street. Some PostNL post offices offer ING banking services. It is possible to pay bills at these post offices, even if you don't have an ING account, but you may have to pay a small charge. PostNL post offices are open on weekdays, usually from 08.30 – 17.00 or 08.30 – 18.00. Most PostNL post offices are closed on Saturdays and Sundays. Mail is not delivered on Sundays and Mondays. For more information, please refer to their website: www.postnl.nl/zakelijk/english.

🗄 Water

Clean drinking water is available straight from the tap throughout the country.

Shopping, supermarkets and markets Shopping

 Rotterdam is a fabulous shopping city any season of the year. Even on Sundays, when many shops in the Netherlands close their doors for a day off, shopaholics can indulge themselves in Rotterdam.
 From exclusive to popular, from megastore to small boutique, situated in an arcade or a bustling street, Rotterdam has it all.

Supermarkets

The larger supermarkets in Rotterdam are open 7 days a week. Most of them are open until 20.00 every day except Sunday, when they mostly close at 18.00. Albert Heijn supermarkets are considered the best, ALDI and LIDL the cheapest. In addition to groceries, most supermarkets sell stamps, toiletries and mobile phone prepaid credit.

Markets

 Weekly open-air markets sell affordable fresh food, flowers and clothing are held on Tuesdays and Saturdays at the Binnenrotte Square in the city centre, and in other locations, such as the Visserijplein in the west of Rotterdam and Afrikaanderplein in the south.

Emergencies First Aid

 If you need medical assistance, you should first contact your general practitioner. For more information about this, see Chapter 3.

Central district

Huisartsenpost SFG Kleiweg 500 3045 PM Rotterdam Tel: 010 466 95 73

South district

Huisartsenpost Zuid Maasstadweg 59 3079 DZ Rotterdam Tel: 010 290 98 88

In the case of a life-threatening emergency or if immediate medical assistance is needed, you can get help 24 hours a day at the EHBO ('First Aid') or SEH ('Accident & Emergency') department at any hospital. See the last chapter of this handbook for the contact details of hospitals in Rotterdam.

Emergency

 If you need the police, fire and/or ambulance services in a serious life-threatening situation, call the (European) emergency telephone number: 112.

If you need the police in a non-emergency situation, call 0900-8844.

On-campus emergency

 In the case of an accident, danger or emergency on the Woudestein campus, call 010 408 11 00.
 On the Erasmus MC campus, call 010 703 40 04.

K Rotterdam Pass: lots of discounts!

There's always plenty to do in Rotterdam and with the Rotterdam Pass you can do many of these things at a lower price, or even for nothing! The price of the standard Rotterdam Pass is $\in 60$, but as a student you can get it for just $\in 12.50$.

You can buy the Pass at the Rotterdam Pass Shop in Rotterdam Central Library or at the Studystore on the Woudestein campus. You will need a passport photo, your student ID card and a valid ID. More information about the deals you get with the pass can be found on: www.rotterdampas.nl (only in Dutch).

Chapter 5

Contact / Further information

The ESSC (Erasmus Student Service Centre) offers numerous services for (international) students. If you have any questions that do not relate to your study programme, you can contact the ESSC. The ESSC is located in the E-building on Woudestein campus.

The International Office Erasmus University Rotterdam also has an informative website for all new international students:

www.eur.nl/welcome. Besides the website, there is also ASK Erasmus, an online database. International students can easily find answers to frequently asked questions about various student-related matters. If you can't find the answer in the database, use the online form and you will receive an answer within two working days. Find your answer in ASK Erasmus via www.eur.nl/english/essc/ask.

There is also the Facebook page of the International Office Erasmus University Rotterdam. Relevant information for international students is frequently posted on this page. You can find and like the page on:

www.facebook.com/EurCentralInternationalOffice.

If you have questions relating to your study programme, please ask the International Office of your faculty, as most services are covered by your faculty staff members.

A Faculty information

Erasmus Medical Centre (EMC)

International Office Erasmus MC Front desk Fe building, second floor Education Center Ms Katien Singels Tel. +31 (0)10 – 703 88 00 Email: internationaloffice@erasmusmc.nl www.erasmusmc.nl/internationaloffice

Educational Support Centre – Graduate School team

Room Fe 312, Erasmus MC campus Ms Quarda Kassrioui Tel. +31 (0)10 - 703 82 73 Tel. +31 (0)10 - 703 84 50 Fax +31 (0)10 - 704 46 80 Email: dco@erasmusmc.nl www.erasmusmc.nl/graduateschool/?lang=en

Erasmus School of Economics (ESE)

Exchange programmes: Room H6-02, Woudestein campus Tel. +31 (0)10 408 13 80 Email: internationalexchange@ese.eur.nl

Master and Pre-Master programmes:

Room H6-02, Woudestein campus Tel. +31 (0)10 408 13 80 Email Master programmes: master-info@ese.eur.nl Email Pre-Master programmes: premaster@ese.eur.nl

International Bachelor programmes:

Room H6-02, Woudestein campus Tel. +31 (0)10 408 13 80 Email IBEB / Econometrics: mailto: internationalbsc@ese.eur.nl www.eur.nl/ese/english



Erasmus School of History, Culture and Communication (ESHCC) Exchange Programmes: www.eshcc.eur.nl/english/welcome

Ms S. Doodkorte International Officer History and Culture Studies Room L3-30, Woudestein campus Tel. +31 (0)10 408 28 74 Fax +31 (0)10 408 91 35 Email: international@eshcc.eur.nl

Ms E. Hamilton International Programme Coordinator Media & Communication Room L3-83, Woudestein campus Tel. +31 (0)10 408 22 71 Fax +31 (0)10 408 91 35 Email: exchange@eshcc.eur.nl

International Bachelor in Communication and Media (IBCoM): Ms B. Grashoff Recruitment & Admissions Coordinator Room L3-066, Woudestein campus Tel. +31 (0)10 408 12 48 Fax +31 (0)10 408 91 35 Email: ibcom@eshcc.eur.nl

Erasmus School of Law (ESL)

LL.M. Office, Mr André van der Schee and Ms Mariska Boshoven Room L5-069, Woudestein campus Phone number: +31 (0)10 408 9764 Fax number: +31 (0)10 408 9175 Email: informationdesk.llm@law.eur.nl

Faculty of Philosophy

Ms T. Herold Room H5-23, Woudestein campus Tel. +31 (0)10 408 89 67 Fax +31 (0)10 408 90 30 Email: herold@fwb.eur.nl www.eur.nl/fw/english/exchange

Faculty of Social Sciences (FSS)

Room T15-04, Woudestein campus www.eur.nl/fsw/english/information_for

Exchange Programmes: Ms M. Vreeswijk Tel. +31 (0)10 408 20 41 Email: internationaloffice@fsw.eur.nl

MSc IMP (International Public Management and Public Policy) Ms R. Minnibajeva Tel. +31 (0)10 408 86 22 Email: imp@fsw.eur.nl

BSc and MSc Psychology

Ms T. Cuperus Tel. +31 (0)10 408 21 41 Email: bachelor-psy@fsw.eur.nl / masterpsy@fsw.eur.nl

MSc Pedagogical Sciences

Ms P. Olsthoorn and Ms M. Vreeswijk Tel. +31 (0)10 408 20 41 / +31 (0)10 408 96 95 Email: master-ped@fsw.eur.nl

Institute of Health Policy and Management (iBMG)

Ms I.M. van der Horst Room J7-33, Woudestein campus Tel. +31 (0)10 408 85 37 Email: hepl@bmg.eur.nl www.hepl.nl/newstudents

Rotterdam School of Management, Erasmus University (RSM)

Mrs L.C. de Vries International office (Exchange programmes) Mrs L.C. de Vries Room T05-24, Woudestein campus Tel. +31 (0)10 408 19 84 Email: intoffice@rsm.nl www.rsm.nl/international-exchange

International Business programme

BSc International Business Administration (IBA) IBA Office – Ms Shirley Accord Room T05-18, Woudestein campus Tel. +31 (0) 408 95 91 Fax. +31 (0) 408 95 72 www.rsm.nl/bsciba



Useful addresses and links

Emergency telephone number: 112 Local police, non-emergency: 0900-8844

Erasmus University Rotterdam

Erasmus University Rotterdam Woudestein campus Burgemeester Oudlaan 50 3062 PA Rotterdam Tel: 010 408 1111 www.eur.nl/english

Erasmus Medical Centre

Erasmus MC campus Dr. Molewaterplein 50 3015 GE Rotterdam www.erasmusmc.nl/?lang=en

Rotterdam and Tourist Information

City Hall – Stadhuis Coolsingel 40 3011 AD Rotterdam Tel: 14 010 www.rotterdam.nl/home_english

Tourist Information – VVV Rotterdam Coolsingel 195-197 (entrance Binnenwegplein) 3012 AG Rotterdam Tel: 010 790 01 85 http://en.rotterdam.info/visitors

Rotterdam Central Library Hoogstraat 110 3011 PV Rotterdam Tel: 010 281 6100 www.bibliotheek.rotterdam.nl

Netherlands Board of Tourism www.holland.com

Lonely Planet www.lonelyplanet.com

Housing

General information www.eur.nl/english/facilities/housing

SSH Short Stay Tel: 030 25 25 725 www.sshxl.nl

Stayokay Rotterdam Hostel Overblaak 85-87

3011 MH Rotterdam Tel: 010 436 5763 www.stayokay.com/rotterdam

Hostel ROOM

Van Vollenhovenstraat 62 3016 BK Rotterdam Tel: 010 282 7277 www.roomrotterdam.nl

The Student Hotel

Oostzeedijk 182 3063 BM Rotterdam Tel: 010 760 2000 www.thestudenthotel.nl



Other organisations

Employee Insurance Agency (UWV) Schiekade 830 3020 AL Rotterdam Tel: 010 850 2220 www.werk.nl (only in Dutch)

Aon Students Insurance www.aonstudentinsurance.com/

Dienst Uitvoering Onderwijs Tel. 050 599 7755 www.duo.nl/particulieren/international-student

Nuffic

Kortenaerkade 11 2518 AX Den Haag Tel: 070 426 0260 www.nuffic.nl/en

Tax Office – Belastingdienst Rotterdam Laan op Zuid 45 3072 DB Rotterdam Tel: 0800 0543 www.belastingdienst.nl

IPS Insurance www.studentsinsured.com/ips/

Immigration and Naturalisation Office (IND) Tel: 0900 123 4561 www.ind.nl/en

Hospitals in Rotterdam

Centre District

Erasmus MC 's Gravendijkwal 230 3015 CE Rotterdam Tel: 010 704 0704 www.erasmusmc.nl

Havenziekenhuis (also Travel Clinic) Haringvliet 2 3011 TD Rotterdam Tel: 010 404 3300 www.havenziekenhuis.nl (only in Dutch)

Centre/North District

Sint Franciscus Gasthuis Kleiweg 500 3045 PM Rotterdam Tel: 010 461 6161 www.sfg.nl

East District

IJssellandziekenhuis Prins Constantijnweg 2 2906 ZC Capelle a/d IJssel Tel: 010 258 5000 www.ysl.nl (only in Dutch)

South District

Maasstad Ziekenhuis Maasstadweg 21 3079 DZ Rotterdam Tel: 010 291 1911 www.maasstadziekenhuis.nl/en

Ikazia Ziekenhuis Montessoriweg 1 3083 AN Rotterdam Tel: 010 297 5000 www.ikazia.nl (only in Dutch)



Health

Emergency telephone number: 112 Local police, non-emergency: 0900-8844

General practioner's office after working hours and during the weekend

Central district

Huisartsenpost SFG Kleiweg 500 3045 PM Rotterdam Tel: 010-466 95 73

South district

Huisartsenpost Zuid Maasstadweg 59 3079 DZ Rotterdam Tel: 010-290 98 88

All 'Huisartsenposten' Huisartsenposten Rijnmond (SFG, IJsselland, R'dam Zuid, Ruwaard, Hellevoetsluis) www.huisartsenpostenrijnmond.nl

Municipal Public Health Authority – GGD Schiedamsedijk 95 3011 EN Rotterdam Tel: 010 433 9966 www.ggdrotterdamrijnmond.nl

Transport

Dutch Railways www.ns.nl/en/travellers/home

Public Transport planner www.9292.nl

Public Transport Rotterdam www.ret.nl/?sc_lang=en

Schiphol airport www.schiphol.nl/index_en.html

Schiphol taxi www.schipholtaxi.info/english/index.html

Route planner www.routenet.nl/ www.maps.google.nl



General information

Undutchables www.undutchables.nl

How to survive in Holland www.howtosurviveholland.nl/

NL Planet www.nlplanet.com

Expatica www.expatica.com

Holland Handbook www.xpat.nl

Dictionaries

Dictionary.com www.dictionary.reference.com/translate/text.html

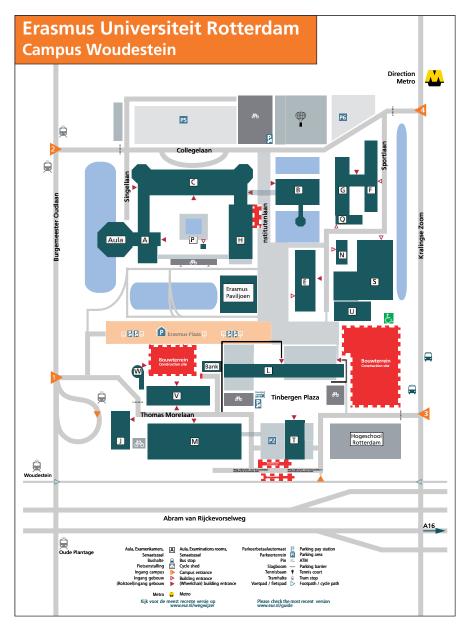
Bing Translator www.microsofttranslator.com/

LookWAYup www.lookwayup.com/free





G Maps



- 🚍 🛛 Bus stop
- 8 Cycle shed
- Campus entrance
- Building entrance
- (Wheelchair) building entrance
- <u> M</u>etro
- Parking pay station
- P1 Parking area
- ATM
- Parking barrier
- Tennis court
- 🚊 Tram stop
- ▷ Footpath / cycle path
- 占 Wheelchair friendly route

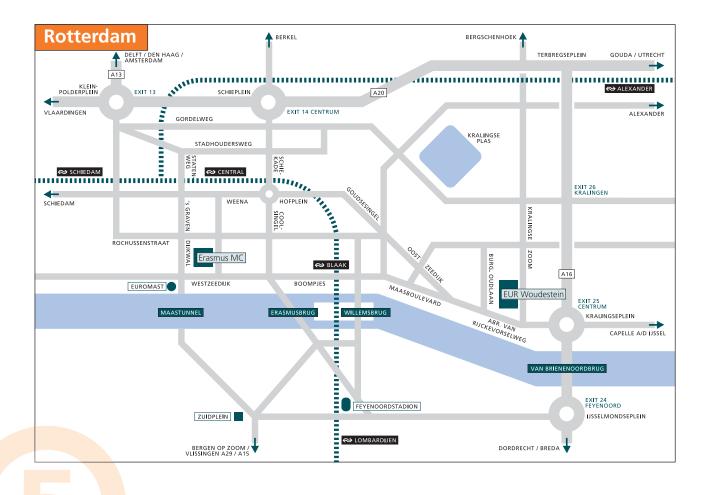
- A Aula, Art Room, Crèche 'De Blauw Steur', Cum Laude, Dept. of Corporate Planning & Control, Dept. of Marketing & Communications, Erasmus Gallery, Examination Rooms, General Management Directorate, Institutional Development Office, Senate Hall, University Ceremonies Office.
- B University Library.
- C Erasmus' Ambassadors Office, Erasmus Shop, Reception, Service Point.
- E Dept. for Exam Administration, Erasmus Magazine, Erasmus Student Service Centre, SSC HR&F,
- SSC OO&S, University Archive.
- F Student Housing
- G PC rooms and student study areas.
 H Bank (ABN AMRO) / ATM, Central Goods Delivery, De Etude (restaurant), Erasmus School of Economics, Faculty Club (restaurant), Faculty of Philosophy, Post and Logistics, Siena (bar/restaurant), SSC ICT, Tempo Team.
- J institute of Health Policy & Management, Maria's Cantina (restaurant), Rotterdam School of Management, Erasmus University.
- L The Bakery (café), Corporate Auditing, De Carrousel (restaurant), De Etage (restaurant), Erasmus School of History, Culture and Communication,
- M Erasmus School of Law, Service Point. Erasmus Academy, Erasmus Expo and
- N Congress Centre, Faculty of Social Sciences.
- P Student associations.SSC EFB.
- S Erasmus Sports Center, Etappe Sports Café, Physiotherapy.
- T DE-café, De Smitse (café), IHS, Institute of Psychology, Rotterdam School of Management, Erasmus University, The Company (restaurant).
- V Hairdresser, Studystore.
- W Security.





(5)



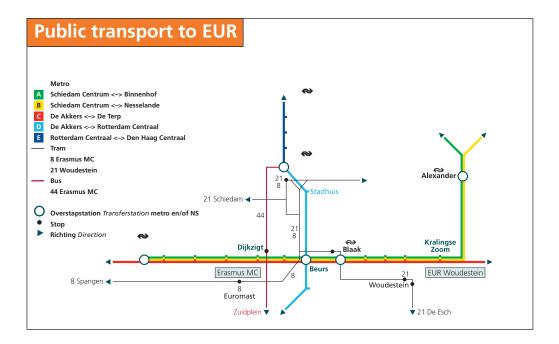


A HANDBOOK FOR NEW STUDENTS 2014









Public transport

From Rotterdam Central Station to EUR

- with tram 21 in direction of De Esch. Get off at stop Woudestein.
- with metro in direction of Spijkenisse/Slinge. Change at station Beurs on metro in direction of Capelle a/d IJssel, Ommoord or Nesselande. Get off at stop Kralingse Zoom.

From station Rotterdam Alexander to EUR

Take the metro in direction of Schiedam Centrum/Spijkenisse. Get off at stop Kralingse Zoom.

By car to EUR Woudestein

On the A16 highway take exit 25 'Centrum'. On the roundabout continue to follow 'Centrum'. After the roundabout at the traffic lights turn right onto the road Burg. Oudlaan. Then turn right at the first intersection onto Campus Woudestein.

From Rotterdam Central Station to Erasmus MC Faculty building

- Bus 44/46 stop metro station Dijkzigt/Erasmus MC
- Tram 8 stop Erasmus MC
- Metro ABC line stop Dijkzigt





Disclaimer

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